



## Additional Notes For Parents of children who are in school:

- We are looking to review the drop off and pick up times for all classes. We will give you as much warning as possible if the times change.
- Please refrain from sending your child in with nuts or products containing nuts for their lunches or snacks as we have some children with severe allergies within the school
- All children are to wear their PE kits on a **Friday**. Where possible children will be outside, so please send them in wearing a tracksuit.
- As the weather is cold and we are still required to keep classrooms well ventilated, some classrooms are colder than normal. In Key Stage 2, you can send your child with an additional warm top to wear in class. Children should come in wearing their school jumper with an additional top e.g. tracksuit, jumper, hoodie etc. Children must still bring a suitable jacket to wear outside as well.

## Covid Reminder:

If your child is displaying Covid symptoms please let us know immediately and not be brought into school. If you are taking your child for a test, please keep them at home until you have received the results back. They can only come back into school setting once a negative result has been obtained or 10 days following a positive result. Please forward result onto the school



## Peace Award competition update

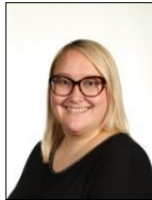
For Remembrance Day, a number of children created poems and paintings which were sent off to the Coventry City Council as part of a competition which was judged by the Lord Mayor's suite. We are pleased to say that many of the children's poems have been published into a book! The free e-book is available to download. However, if parents wish to have a hard copy of this book, it is available to purchase for £4.99.

Please click the link below to see if your child's work has been selected to go in the book.

<https://covpeacepoem.uk/winners-of-coventry-warwickshire-childrens-peace-poem-competition-2020-21/>

### Safeguarding Reminder

At St John's C of E Academy, we have a Safeguarding Team who work to keep children safe both in and out of school. Mr Watson, Miss Smallldon and Mrs Henderson are the school's safeguarding team so please contact them if you are worried about the safety of a child who attends our school.



together we  
**SHINE**



### Wellbeing with Mrs Henderson

In school we are continuing to support the mental health and wellbeing of all the children and staff both in person and virtually! Our parent wellbeing sessions in the Autumn were great fun - thank you to everyone who attended our WellBeINGO and Wellbeing walk!! More activities will be organised this term, look out for details. Please remember we are here, if you need to chat, drop me an email or phone me - more now than ever we need to support each other. Take care,

Mrs  
Henderson



Weekly wellbeing tip  
Winding paths lead to  
the best places.

### Stars of the week!



Well done to everyone for a great week; all children at St. John's shine. Here are our 'super'



#### Reception:

**Olu Fikayo** -for his brilliant enthusiasm and super number and letter writing! Well done!

**Year 1: Fintan** - for working hard in his home learning tasks and his handwriting. Keep this up!

**Year 2: Joel C** - for trying his best in all of his remote learning lessons. Keep working hard!

**Year 3: Noah H** -for amazing learning on Seesaw. Keep this up!

**Year 4: Emily**—for her brilliant remote learning, persevering and challenging herself!

**Year 5: Chloe** — for trying her best in all her subjects. You should be very proud of yourself!

**Year 6: Alyssa** - for making a great start to her virtual learning producing high quality work and presenting her work well. We're really proud of you!

#### Maths Awards

**India**— for super work on addition, subtraction and number understanding!

**Vincent** - for outstanding attitude towards his maths learning! Well Done!

**Connor** - for completing his times tables remote learning independently. Well Done!

**Bube**—for exploring angles and shapes and amazing presentation! Great Work!

**Tawny**—for her amazing maths learning—fantastic!

**May** - for completing her Gold challenges to a high standard!

**Daniel** - for making huge progress by challenging himself and persevering!

Keep this up!



Stars of the Week!



# St. John's Rules for Online Internet Safety



- Tell an adult straight away if you come across anything that upsets you or you think is inappropriate.
- Never give out any personal information such as full name, address and phone numbers
- Never send a picture of yourself to a person that you don't know or haven't met.
- Only use a computer when an adult is nearby.
- Never give out your password to anyone (even your best friends) other than your parents.
- Check with an adult before downloading anything as it could damage the computer.



Coventry Complex Communication Team will be delivering a series of 5 free workshop sessions aimed at parents and carers of children and young people on the Autism Spectrum.

Each session will be delivered virtually through Microsoft Teams and presented by a specialist practitioner in the field of Autism. There will be a series of sessions focusing on a range of topics, which include:

- **Week 1 - 13<sup>th</sup> January:** Supporting your child by understanding their Autism; your child and their Autism
- **Week 2 - 20<sup>th</sup> January:** Supporting your child with self-help and independence
- **Week 3 - 27<sup>th</sup> January:** Supporting your child and their sensory processing differences
- **Week 4 - 3<sup>rd</sup> February:** Supporting your child and their behaviours
- **Week 5 - 10<sup>th</sup> February:** Supporting your child with their learning

The aim of each session will be to:

- To raise an awareness of how Autism affects your child
- To develop a shared understanding of some of the challenges that our children face, and the strengths they can bring
- To increase your confidence in understanding and supporting your child
- To build up a bank of ideas and strategies that can be used to support your child

All sessions are 11am-12. Whilst we appreciate you may not be able to attend every session due to work/family commitments, we do ask that you do your best to attend week 1 as this provides the foundation for the remaining sessions.

Please email [BSCLimbrickWoodCentre@coventry.gov.uk](mailto:BSCLimbrickWoodCentre@coventry.gov.uk) if you wish to attend any of these sessions. You will then receive MS Teams invitations for each individual session.

# LEARNING



## Buddy Learning:

Setting up an online video call means your child can buddy up with a friend while they watch the video and complete their learning. This works well when the task has things to consider, so they can discuss their work together as learning partners... Or it can recreate the quiet classroom chatter whilst during a more creative piece of work completing a topic task.

## Space to work on their own:

let your child do some work independently, whilst letting them know you are available for help if they need it. This can develop their self-motivation, patience and understanding, as they see you have other priorities to balance alongside their needs.

## Focus on the core:

If getting through the set work feels overwhelming, prioritise Maths and English as your core subjects.

## Mistakes are okay!

It's fine for your child to get things wrong, it's part of learning.

**Timers:** If you want to keep an eye on YouTube video teaching, set a timer for when the lesson will end so you can check in.

# WELLBEING

## Breaktime Buddies

As well as learning together, see if there are ways to get your children together with friends for break times too, using a phone/video call to chat or play online games like Minecraft or Animal Jam.

## Be kind to yourselves

If you're struggling, take a break: go for a walk, take some time out, do something different.

Build in lots of **fresh air** to your routine. Do essential errands on foot at lunchtimes if you can, and get into the garden for a while at breaktime.



Take your exercise slot each day if possible—there's a reason schools have regular PE! Get on the trampoline, do a Joe Wicks session, or any other physical exercise your child enjoys to get yourselves moving every day. It will help with focus, attention and improve your mood.

**Regular routine** is really helpful for everyone—getting up at the same time each day, having regular mealtimes and breaktimes. A bath or shower can provide a relaxing activity before bed to wind down.

## TRY NOT TO WORRY!

St John's will support your child to catch up on anything they haven't fully covered when in-school learning returns.

**School is open every day**—the teachers are available to explain work, listen to any concerns you have, and provide help where they can. Pick up the phone or send an email, and access the support you need.

# COMMUNICATION

## Get an Overview

Look at the work that your child is being asked to do, and talk it through with them.

## Get an Agreement

Ask your child what they think they can do and come to an agreement on roughly what they should achieve each day.

## Plan a basic but flexible timetable

that can accommodate everyone's needs, and even mark special days if you like, just as we do in school (e.g. playing in the snow, or celebrating Pancake Day).

## Verbal praise and encouragement is important

—this is something children hear a lot in school. Your day may be tough with a lot of challenges, but it's really helpful to focus on the 'wins' and give your children lots of positive feedback.

## Talk to other parents

Share your experiences—you won't be the only one finding it challenging!

## Simple routines can help to

define the start and end of the school day and week, like a Friday Night Games Night, or a regular end-of-day routine like a walk or planning the evening meal together.

