



## Message from Mr Watson

Dear Parents and Carers,

Today we will be sending out a curriculum update and additional guidance to our remote learning plan if your child is off for a COVID test or a class bubble has to close. Please make sure you read this.

The school had remote visit yesterday from Ofsted. A limited number are being selected to discuss the impact of COVID on schools and to share with them what they have been doing since September. Ofsted will not make a judgement about the school but will sending a letter to me about their findings. Once this is published, I will share this with you.

As the weather is getting colder and we are still required to keep classrooms well ventilated, some classrooms are colder than normal. In Key Stage 2 we will be suggesting to selected classes that you can send your child in wearing warmer clothes. More guidance will be sent out next Tuesday to those classes.

## Staff update

Mrs Polding who joined us in September as our new Operations Assistant, we be leaving us at Christmas. We will be sad to see her leave but having two young children she has made the decision to spend more time with her family. Also, Mrs Gordon-Stuart, our school cleaner, will be leaving at Christmas. If you know anyone who might be interested in the cleaning role, please contact the school office.

In total we raised £174.31 for Children In Need - thank you so much!!! Congratulations to Year 3 who produced the best Pudsey designs on the day. Their prize was to pour a bucket of (very cold!) water over my head. Please view our Facebook or Twitter accounts to see them do this.

As we enter the third week of lockdown, life can be tricky. I welcome to remind you as a school we are here to help everyone. Please do not hesitate to get in contact if you need support.

Stay safe  
Mr Watson

## Our Amazing Learning with Miss Smalldon

Continuing in to autumn, with leaves on the ground, pupils at St John's learn through sight and Sound. With different topics throughout the day, St John's is a place where we all work, rest and play :)



**I can try new things**

Isaiah 43:19  
*Behold I am doing a new thing, do you not perceive it*

Having Drive means:

- Trying new things
- Finding new things out about yourself
- Learning new skills

Time to reflect  
What new things can I try this week?

Key Dates	
26th November Information will be e-mailed out	Come & Share Yr 1
1st December Information will be e-mailed out	Time to Shine Yr 2
2nd December Information will be e-mailed out	Time to Shine Yr 3
4th December Information will be e-mailed out	Time to Shine Yr 4
4th December Information will be e-mailed out	Time to shine Reception
8th December Information will be e-mailed out	Time to Shine Yr 6
10th December Information will be e-mailed out	Time to Shine Yr 5
16th December	Christmas Dinner day
18th December	Last day of term
4th January 22nd February 12th March 21st July	2021 Inset days



### Safeguarding Reminder

At St John's C of E Academy, we have a Safeguarding Team who work to keep children safe both in and out of school. Mr Watson, Miss Smallldon and Mrs Henderson are the school's safeguarding team so please contact them if you are worried about the safety of a child who attends our school.



together we  
**SHINE**



### Wellbeing with Mrs Henderson

In school we are continuing to support the mental health and wellbeing of all the children and staff. I am working on more ways that families can be supported further as a new lockdown begins. Another parent wellbeing activity is being planned....watch this space! Please remember we are here, if you need to chat, drop me an email, phone me or catch me on the playground.

Take care, Mrs Henderson



Weekly wellbeing tip  
Problems are not STOP signs. They are guidelines to a better place.

### Star of The week

Well done to everyone for a great week; all children at St. John's shine. Here are our 'super' Stars of the Week!



**Reception - Alba**—for always trying to show our school values and being such a helpful member of the class. She is delightful to have in reception

**Year 1 - Mason**—for always being a helpful member of the class. He works hard in every lesson and is always willing to give everything a go, even when he is not sure! Great work Mason!

**Year 2 - Mary**—for being a polite member of the class and trying to persevere more in her learning

**Year 3 - Evan**—for showing a fantastic attitude towards his learning this week, participating in class discussions and thinking of some fantastic word choices for his 'Claude' story! Keep it up Evan. I am proud of you!

**Year 4 - Joel**—for his amazing attitude to all his learning, asking and answering questions, challenging himself and being a great learning partner - Brilliant!

**Year 5 - Hanna**—for always giving 100% to everything she does, having a really positive attitude to work and building in confidence. Keep it up Hanna!

**Year 6 - Efan**—for having a wonderful attitude to learning this week. I am so proud of how engaged he has been in his learning and of the incredible work he has produced. I could use many more adjectives to describe how brilliant he has been. Keep it up!



## Additional Notes For Parents:

- Please refrain from sending your child in with nuts or products containing nuts for their lunches or snacks as we have some children with severe allergies within the school
- If pupils are celebrating birthdays whilst in school and wish to bring in goodies to help celebrate with their class mates, please can they be shop brought covered goodies as in sweets, chocolates or wrapped cakes
- Toys and swaps cards should not be brought into school
- Reminder to all years; all small fruits & tomatoes from home need to be halved to prevent choking
- Polite reminder that the staff car park is for staff **only**. Please be considerate when dropping / picking up your child/ren and refrain from coming into the car park area

## Covid Reminder:

If your child is displaying Covid symptoms please let us know immediately and not be brought into school. If you are taking your child for a test, please keep them at home until you have receive the results back. They can only come back into school setting once a negative result has been obtained or 14+ days following a positive result. Please forward result onto the school once you have them

School Office opening hours  
Monday to Wednesday - 8:30 - 4:30 Thursday 8:30 - 12:30 Friday 8:30 - 4:00

## Youth Sport Trust after school club

Every weekday at 5pm until the end of term (18 December), The Youth Sport Trust are running a 30-minute online club for all children and young people to do some sport and get active!

There will be a variety of sports available, and you'll be able to do them all from home. Here's the link with more information: <https://www.youthsporttrust.org/AfterSchoolSportClub> .

All of the sports will take place on The Youth Sport Trust's YouTube channel, which you can find here: <https://www.youtube.com/user/YouthSportTrust> .

It would be great to see as many children getting involved as possible!



# Coventry's help and support during COVID-19

We know that during the COVID-19 emergency, a lot of people are feeling frightened and isolated.

- ? Do you need help to get food, medicines and other essential items?
- ? Are you worried about how you will pay your bills?
- ? Are you struggling or alone?
- ? Worried about a child or adult who lives with you or in your community?

If you need help in finding the right support in Coventry due to COVID-19 (Coronavirus), you can:



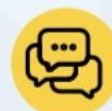
**Phone - our freephone hotline number 08085 834 333, available Monday to Friday 9am till 5pm**

Outside of these hours you can leave a message. We can give you advice and support on a range of issues and direct you to other organisations that can help. With our partners we are helping with Universal Credit and Council Tax support, food and supplies, a safe place to stay, befriending in the community.



**If you have the internet, visit our website at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

Use our online map to find advice and information, community support groups, food delivery options or emergency food



**Use our online chat at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

You can chat to our Customer Services



**Out of Hours**

If it's after 5pm and you're worried about a child or adult who may not be safe you can call our Emergency Duty Team on 024 7683 2222

## Other telephone numbers you might find helpful:

### Domestic abuse and sexual violence

**CRASAC**  
T: 024 7627 7777  
[www.crasac.org.uk](http://www.crasac.org.uk)

**Safe to Talk helpline**  
T: 0800 111 4998  
[www.safetotalk.org.uk](http://www.safetotalk.org.uk)

### Mental Health – Adults

**Mental Health Matters**  
T: 0800 616 171  
[www.mhm.org.uk/coventry-warwickshire-helpline](http://www.mhm.org.uk/coventry-warwickshire-helpline)

**Safe Haven**  
T: 07921 876 065

**Samaritans**  
T: 116 123 free from any phone  
T: 0330 094 5717 local call charges apply  
[www.samaritans.org](http://www.samaritans.org)

### Mental Health – Children and Young People

**Coventry and Warwickshire Partnership Trust - Rise Mental Health and Emotional Wellbeing Service**  
T: Between 8am and 8pm please call 024 7664 1799  
T: Between hours 8pm and 8am please call Coventry Crisis Team on: 024 7693 8000

**Positive Choices**  
T: 07741 900 799



# St. John's Rules for Online Internet Safety



- Tell an adult straight away if you come across anything that upsets you or you think is inappropriate.
- Never give out any personal information such as full name, address and phone numbers
- Never send a picture of yourself to a person that you don't know or haven't met.
- Only use a computer when an adult is nearby.
- Never give out your password to anyone (even your best friends) other than your parents.
- Check with an adult before downloading anything as it could damage the computer.



## **Some information from Coventry and Warwickshire Partnership NHS Trust**

### **Children and Young Person Advice Helpline number to support crisis intervention and prevent mental health crisis**

Coventry and Warwickshire Partnership NHS Trust (CWPT) want to support you during the difficult times we are facing due to the Covid 19 situation. To do this we have developed a 24 hour 7 day a week telephone Advice Helpline run by qualified mental health clinicians to be there for you to contact when you need. We know that the feelings you may be experiencing at such difficult times are frightening and can make you feel that your emotional wellbeing is in crisis. We know that these emotions can lead to a mental health crisis which often means that you no longer feel able to cope or be in control of your situation. You may feel great emotional distress or anxiety, cannot cope with day-to-day life, intense sadness and may be thinking about suicide or self-harm or experiencing thought disorientation that can feel like hallucinations or hearing voices.

We want to be there for you to support and give advice, to work with you to feel more able to be in control of your emotions and manage the distress you are feeling together with you.

 **RISE** Children and Young Peoples Specialist Mental Health service in CWPT have with the current crisis team worked together to develop a CYP response that will allow us to support you 24 hours 7 days a week and where needed continue to support you within the Rise Mental Health and Emotional Wellbeing service directly for Children and Young People.

### **Contact details**

If you are calling between the hours of 8am and 8 pm please call Childrens Crisis Team at Whitestone on:

**024 7664 1799**

If you are calling between the hours of 8pm and 8 am please call Coventry Crisis team Crisis team:

**024 7693 8000**

### **What to expect when you call:**

The mental health clinician who you speak to will want to know about you and will ask you some questions to help understand your feelings and emotions. They are doing this to help understand how to best help you and make sure that they get the right support for you.

Listening to you is so important and hearing your voice in terms of what you are experiencing, the feelings and the situation.

We may ask you about your family and the adults who are able to also support you or be part of your coping plan. This may mean we need to speak to an adult in your house as well but we will do this with you.

At times we may need to call you back to offer ongoing support and advice to do this we will need to have a contact number.

We also may need to think with you about other agencies that can support you but we will talk these suggestions through with you and or the adults you feel able to involve.

Most importantly we want to be able to offer advice and support over the phone as you need it to prevent a crisis feeling becoming too overwhelming.

As well as our 24 hour 7 day a week phone advice helpline we have also been working hard to provide resources on line to provide more direct advice and guidance.

We acknowledge that these Covid 19 times are presenting challenges for all of us and we want to make sure that we are reaching out to you all - children and young people, parents, career's and families.

On the Rise website you will find a wealth of up to date links, advice, guidance and support to help support during these times.

In addition the following resources are available to all to telephone or contact via their website that are children and young people focused.

Young Minds parent helpline

Tel: 0808 802 5544

Website: <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

Papyrus

Tel: 0800 068 4142

Website: <https://papyrus-uk.org/hopelineuk/>

Opening hours: Weekdays 9am – 10pm, Weekend / bank holidays 2pm – 10pm

ChildLine

Tel: 0800 1111

Website: <https://www.childline.org.uk>