

Message from Mr Watson

Dear Parents and Carers,

Following England moving into another Lockdown, I will be sending home further guidance and reminders. Please make sure you read all the updates. If you feel you need any extra support or advice during the Lockdown period, please contact the school.

From Monday we will be selling poppies, wristbands, and badges for Remembrance Day. If your child would like to buy anything, please can they bring a small donation in for a poppy or a £1 donation for everything else. We only have a small number of items this year. The school council will be leading a special worship on Wednesday. As part of our work on Remembrance, we will be working towards achieving the 'Peace Awards'

We will be taking part in Children in Need Day on Friday 13 November and will therefore be holding a non-uniform day. We will ask for £1 per family donation on this day for children to come to non-uniform or yellow clothes, all contributions will be sent to the Children in Need charity. The staff and children will be taking part in a range of activities throughout the day.

Stay Safe

Mr Watson
Headteacher

I can shine!

Isaiah 60:1-3

"Arise, Jerusalem! Let your light shine for all to see. For the glory of the Lord rises to shine on you. Darkness as black as night covers all the nations of the earth, but the glory of the Lord rises and appears over you. All nations will come to your light; mighty kings will come to see your radiance."

Showing Stewardship means:

- Knowing that you shine in the classroom
- Knowing that you shine outside the classroom
- Knowing that you shine when you make good choices
- And when you make things right for not making a good choice

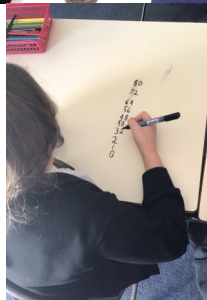
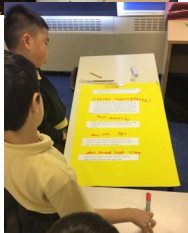
School Office opening hours

Monday to Wednesday - 8:30 - 4:30 Thursday 8:30 - 12:30 Friday 8:30 - 4:00

Our Amazing Learning with Miss Smalldon

Back for the next term and lots of enthusiastic energy can be seen over all the classes.

Welcome back all



Key Dates

9th November	Flu Spray Vaccinations in school - info to follow
11th November	Armistice Day and the poppy appeal
13th November	Children in need day - non uniform & bring in £1
13th November	Come & Share Reception
13th November	Information will be e-mailed out
17th November	Come & Share Yr 2
17th November	Information will be e-mailed out
26th November	Come & Share Yr 1
26th November	Information will be e-mailed out
1st December	Time to Shine Yr 2
1st December	Information will be e-mailed out
2nd December	Time to Shine Yr 3
2nd December	Information will be e-mailed out
4th December	Time to Shine Yr 4
4th December	Information will be e-mailed out
4th December	Time to shine Reception
4th December	Information will be e-mailed out
8th December	Time to Shine Yr 6
8th December	Information will be e-mailed out
10th December	Time to Shine Yr 5
10th December	Information will be e-mailed out
4th January 22nd February 12th March 21st July	2021 Inset days

Safeguarding Reminder

At St John's C of E Academy, we have a Safeguarding Team who work to keep children safe both in and out of school. Mr Watson, Miss Smallldon and Mrs Henderson are the school's safeguarding team so please contact them if you are worried about the safety of a child who attends our school.



Wellbeing with Mrs Henderson

Another half term has begun and once again we find ourselves in uncertain times! In school we are continuing to support the mental health and wellbeing of all the children and staff. I am working on more ways that families can be supported further as a new lockdown begins. Another parent wellbeing activity is being planned...watch this space! Please remember we are here, if you need to chat, drop me an email, phone me or catch me on the playground.

Take care, Mrs Henderson



Weekly wellbeing tip
Be sure to take enough
Vitamin ME!

Star of The week

★ Well done to everyone for a great week; all children at St. John's shine. Here are our 'super' Stars of the Week!



Reception - Samuel - for his excellent work around firework and bonfire night. He has been working really hard on his writing too! Sounding out and writing words about our bonfire!

Year 1 - Charlie - for being a kind friendly member of the class. You are always kind and polite and never stop smiling! You are amazing Charlie, keep this up!

Year 2 - Blanca - for being a wonderful member of the class and showing excellence during every lesson.

Year 3 - Eliza - for working really hard in all areas of her learning, trying hard to stay focused and to contribute to class discussions. You have really impressed me this week Eliza, you are a star

Year 4 - Isla C - for her amazing attitude to all her learning this wee, answering lots of questions. Brilliant—keep this up!

Year 5 - Freya—for having a brilliant first week, working hard and making friends. A lovely addition to year 5.

Year 6 - Lily D - for having a brilliant start to year 6. Lily has a great attitude to learning and regularly contributes in lessons. She has been really challenging herself this half term. Keep up the great work!



Additional Notes For Parents:

- Please refrain from sending your child in with nuts or products containing nuts for their lunches or snacks as we have some children with severe allergies within the school
- If pupils are celebrating birthdays whilst in school and wish to bring in goodies to help celebrate with their class mates, please can they be shop brought covered goodies as in sweets, chocolates or wrapped cakes
- Toys and swaps cards should not be brought into school
- Reminder to all years; all small fruits & tomatoes from home need to be halved to prevent choking
- Polite reminder that the staff car park is for staff **only**. Please be considerate when dropping / picking up your child/ren and refrain from coming into the car park area
- Wednesday 11th November – Armistice Day and the poppy appeal. Monday, Tuesday and Wednesday next week children will be able to buy a poppy to show support.
- We will also be creating a Remembrance display on the school fence—so be sure to keep an eye out
- Friday 13th November – Children in Need day. Children can come in in non-uniform and bring in £1 to raise money for the charity.

Covid Reminder:

If your child is displaying Covid symptoms please let us know immediately and not be brought into school. If you are taking your child for a test, please keep them at home until you have receive the results back. They can only come back into school setting once a negative result has been obtained or 14 days following a positive result



Coventry's help and support during COVID-19

We know that during the COVID-19 emergency, a lot of people are feeling frightened and isolated.

- ? Do you need help to get food, medicines and other essential items?
- ? Are you worried about how you will pay your bills?
- ? Are you struggling or alone?
- ? Worried about a child or adult who lives with you or in your community?

If you need help in finding the right support in Coventry due to COVID-19 (Coronavirus), you can:



Phone - our freephone hotline number 08085 834 333, available Monday to Friday 9am till 5pm

Outside of these hours you can leave a message. We can give you advice and support on a range of issues and direct you to other organisations that can help. With our partners we are helping with Universal Credit and Council Tax support, food and supplies, a safe place to stay, befriending in the community.



If you have the internet, visit our website at www.coventry.gov.uk/coronaviruscommunity

Use our online map to find advice and information, community support groups, food delivery options or emergency food



Use our online chat at www.coventry.gov.uk/coronaviruscommunity

You can chat to our Customer Services



Out of Hours

If it's after 5pm and you're worried about a child or adult who may not be safe you can call our Emergency Duty Team on 024 7683 2222

Other telephone numbers you might find helpful:

Domestic abuse and sexual violence

CRASAC
T: 024 7627 7777
www.crasac.org.uk

Safe to Talk helpline
T: 0800 111 4998
www.safetotalk.org.uk

Mental Health – Adults

Mental Health Matters
T: 0800 616 171
www.mhm.org.uk/coventry-warwickshire-helpline

Safe Haven
T: 07921 876 065

Samaritans
T: 116 123 free from any phone
T: 0330 094 5717 local call charges apply
www.samaritans.org

Mental Health – Children and Young People

Coventry and Warwickshire Partnership Trust - Rise Mental Health and Emotional Wellbeing Service
T: Between 8am and 8pm please call 024 7664 1799
T: Between hours 8pm and 8am please call Coventry Crisis Team on: 024 7693 8000

Positive Choices
T: 07741 900 799



St. John's Rules for Online Internet Safety



- Tell an adult straight away if you come across anything that upsets you or you think is inappropriate.
- Never give out any personal information such as full name, address and phone numbers
- Never send a picture of yourself to a person that you don't know or haven't met.
- Only use a computer when an adult is nearby.
- Never give out your password to anyone (even your best friends) other than your parents.
- Check with an adult before downloading anything as it could damage the computer.



Coventry Early Help and Family Hubs



Here to Help

Early Help is a range of services working together to help children, young people (0 – 19) and their families. We can provide this support through the Family Hubs and within the local community.

We aim to reach children, young people and families when the need first emerges; and to help and support when we can have the greatest impact.



Early Help

0800 8870545

Emergency Duty Team

024 7683 2222

between 5pm – 8.30am and during weekends

Multi-agency Safeguarding Hub MASH

024 7678 8555



Earlyhelp@coventry.gov.uk



www.coventry.gov.uk/familyhubs

www.coventry.gov.uk/applyearlyhelp

ONE
COVENTRY



Find Family Hubs on facebook



Some information from Coventry and Warwickshire Partnership NHS Trust

Children and Young Person Advice Helpline number to support crisis intervention and prevent mental health crisis

Coventry and Warwickshire Partnership NHS Trust (CWPT) want to support you during the difficult times we are facing due to the Covid 19 situation. To do this we have developed a 24 hour 7 day a week telephone Advice Helpline run by qualified mental health clinicians to be there for you to contact when you need. We know that the feelings you may be experiencing at such difficult times are frightening and can make you feel that your emotional wellbeing is in crisis. We know that these emotions can lead to a mental health crisis which often means that you no longer feel able to cope or be in control of your situation. You may feel great emotional distress or anxiety, cannot cope with day-to-day life, intense sadness and may be thinking about suicide or self-harm or experiencing thought disorientation that can feel like hallucinations or hearing voices.

We want to be there for you to support and give advice, to work with you to feel more able to be in control of your emotions and manage the distress you are feeling together with you.

 **RISE** Children and Young Peoples Specialist Mental Health service in CWPT have with the current crisis team worked together to develop a CYP response that will allow us to support you 24 hours 7 days a week and where needed continue to support you within the Rise Mental Health and Emotional Wellbeing service directly for Children and Young People.

Contact details

If you are calling between the hours of 8am and 8 pm please call Childrens Crisis Team at Whitestone on:

024 7664 1799

If you are calling between the hours of 8pm and 8 am please call Coventry Crisis team Crisis team:

024 7693 8000

What to expect when you call:

The mental health clinician who you speak to will want to know about you and will ask you some questions to help understand your feelings and emotions. They are doing this to help understand how to best help you and make sure that they get the right support for you.

Listening to you is so important and hearing your voice in terms of what you are experiencing, the feelings and the situation.

We may ask you about your family and the adults who are able to also support you or be part of your coping plan. This may mean we need to speak to an adult in your house as well but we will do this with you.

At times we may need to call you back to offer ongoing support and advice to do this we will need to have a contact number.

We also may need to think with you about other agencies that can support you but we will talk these suggestions through with you and or the adults you feel able to involve.

Most importantly we want to be able to offer advice and support over the phone as you need it to prevent a crisis feeling becoming too overwhelming.

As well as our 24 hour 7 day a week phone advice helpline we have also been working hard to provide resources on line to provide more direct advice and guidance.

We acknowledge that these Covid 19 times are presenting challenges for all of us and we want to make sure that we are reaching out to you all - children and young people, parents, career's and families.

On the Rise website you will find a wealth of up to date links, advice, guidance and support to help support during these times.

In addition the following resources are available to all to telephone or contact via their website that are children and young people focused.

Young Minds parent helpline

Tel: 0808 802 5544

Website: <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

Papyrus

Tel: 0800 068 4142

Website: <https://papyrus-uk.org/hopelineuk/>

Opening hours: Weekdays 9am – 10pm, Weekend / bank holidays 2pm – 10pm

ChildLine

Tel: 0800 1111

Website: <https://www.childline.org.uk>