

## Message from Mr Watson

Dear Parents and Carers,

This week we celebrated Harvest. A massive thank-you to our school Vicar, Andy March, Year 6 and Miss Conroy leading our virtual Harvest worship. The message to the children was to be 'thankful'. Even during these tricky times, we still have lots to be thankful for. We held a virtual staff Harvest quiz and winner was... Mr Watson!!!! We are asking our community to be kind-hearted by donating any tinned food, cereals, dried pasta, rice or jars to our Harvest appeal and support. Donations can be sent in (Tuesday and Wednesday), at the start of the day with your child. We are teaming up with St Christopher's church to help support our local Food Bank.

As we come towards the end of this half term, the children have been amazing, I have been so impressed with their attitude to learning. Please keep up to date with what is going on by following our Facebook and Twitter account's.

We sent out this half terms school newspaper to you this week. A paper copy will be going home tonight with your child. Please read it; the children have worked so hard on it. I am really proud of what they have achieved.

Our Termly Learning Conference's (TLC's) take place on Monday and Tuesday. Your child's teacher will be ringing on your selected appointment time. The teachers only have a limited time talking to you and we will be aiming to stick as close to the allocated times as possible.

**Mr Watson**  
Headteacher



## I can shine!

Isaiah 60:1-3

"Arise, Jerusalem! Let your light shine for all to see. For the glory of the Lord rises to shine on you. Darkness as black as night covers all the nations of the earth, but the glory of the Lord rises and appears over you. All nations will come to your light; mighty kings will come to see your radiance."

Showing Stewardship means:

- Knowing that you shine in the classroom
- Knowing that you shine outside the classroom
- Knowing that you shine when you make good choices
- And when you make things right for not making a good choice

## School Office opening hours

Monday to Wednesday - 8:30 - 4:30 Thursday 8:30 - 12:30 Friday 8:30 - 4:00

## Our Amazing Learning with Miss Smalldon

Whether working together in groups, teams or by ourselves, our pupils show passion, interests and lots of creativity.



## Key Dates

19th October Information will be e-mailed out	TLC -Termly Learning Conference
20th October Information will be e-mailed out	TLC - Termly Learning Conference
5th November	School Photos - Info to follow
9th November	Flu Spray Vaccinations in school - info to follow
13th November Information will be e-mailed out	Come & Share Reception
17th November Information will be e-mailed out	Come & Share Yr 2
26th November Information will be e-mailed out	Come & Share Yr 1
1st December Information will be e-mailed out	Time to Shine Yr 2
2nd December Information will be e-mailed out	Time to Shine Yr 3
4th December Information will be e-mailed out	Time to Shine Yr 4
4th December Information will be e-mailed out	Time to shine Reception
8th December Information will be e-mailed out	Time to Shine Yr 6
10th December Information will be e-mailed out	Time to Shine Yr 5
4th January 22nd February 12th March 21st July	2021 Inset days

### Safeguarding Reminder

At St John's C of E Academy, we have a Safeguarding Team who work to keep children safe both in and out of school. Mr Watson, Miss Smallldon and Mrs Henderson are the school's safeguarding team so please contact them if you are worried about the safety of a child who attends our school.



### Wellbeing with Mrs Henderson

An exciting new school year has started, and wellbeing is at the heart of everything we are doing. Take care of yourselves, make time for each other and try to think of the positives from the day. Remember, we are here for you if you need some extra support or advice.

Mrs Henderson

[sara.henderson@stjohns.covmat.org](mailto:sara.henderson@stjohns.covmat.org)



Weekly wellbeing tip  
Follow your dreams.  
They know the way.

### Stars of the week!

★ Well done to everyone for a great week; all children at St. John's shine. Here are our 'super' ★ Stars of the Week!

Reception - Edison—for his excellent contributions on the carpet and always asking brilliant questions during 'get learning' showing our school value drive.

Year 1 - Finley for his super attitude towards all of his learning, being a great friend and always being helpful around the classroom.

Year 2 - Louis for working hard and showing excellence in all areas of the curriculum.

Year 3 - Noah H for contributing well to class discussions and challenging himself with his learning in math.

Year 4 - Isla T for her amazing attitude to all her learning, particularly her descriptive writing and maths this week.

Year 5 - Toby M for always giving 100% to everything he does, supporting his learning partner fabulously and being a great role model for the school showing all the values.

Year 6 - Minnie for being a wonderful member of year 6. Minnie is an excellence role model to others and I know she will make a brilliant vice house captain. I've been really impressed with her learning attitude.



## Additional Notes For Parents:

- Please refrain from sending your child in with nuts or products containing nuts for their lunches or snacks as we have some children with severe allergies within the school
- If pupils are celebrating birthdays whilst in school and wish to bring in goodies to help celebrate with their class mates, please can they be shop brought covered goodies as in sweets, chocolates or wrapped cakes
- Toys and swaps cards should not be brought into school
- Please can reception children make sure they have their PE kits in school ready for the days they have PE
- Reminder to all years; all small fruits & tomatoes from home need to be halved to prevent choking
- The deadline for pupils applying for their secondary school placements is looming. Please can you make sure you have applied if not already as deadline is 31st October 2020 for 2021 placement
- Little trix gymnastics has 5 remaining space available for their after school class on Wednesday's. Please contact Nicky as this will be allocated on a first come first serve basis [nikki@littletricks.co.uk](mailto:nikki@littletricks.co.uk) 07964345540

Please can parents take a minute to complete the attached survey, would be very much appreciated. Epic Academy are wanting to see if there would be any interest in school holiday camps. Specifically this up coming October half term

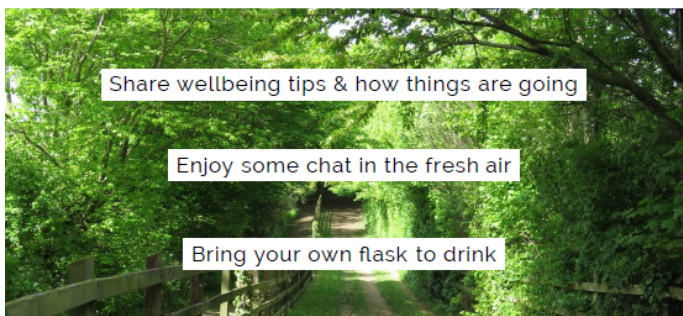
[https://www.surveymonkey.co.uk/r/EPIC\\_Camp\\_Oct2020](https://www.surveymonkey.co.uk/r/EPIC_Camp_Oct2020)

## Wellbeing Walk for Parents & Carers



Join Mrs Henderson for a walk in Allesley Park on  
Friday 23rd October  
Meeting place TBC  
from 9am - 10.30am

Congratulations to our wonderful Year 6 House Captains.  
We are sure that you'll all be brilliant role models for the  
rest of the school and able to make a positive difference  
to the children in your houses!



Please confirm you are coming to  
[parent.council@stjohns.covmat.org](mailto:parent.council@stjohns.covmat.org)  
We'll set up small groups (max 6 people)  
and maintain social distance.  
'NB Your school children won't be attending  
but you are welcome to bring little ones -  
they must be included in the numbers.



# Coventry's help and support during COVID-19

We know that during the COVID-19 emergency, a lot of people are feeling frightened and isolated.

- ? Do you need help to get food, medicines and other essential items?
- ? Are you worried about how you will pay your bills?
- ? Are you struggling or alone?
- ? Worried about a child or adult who lives with you or in your community?

If you need help in finding the right support in Coventry due to COVID-19 (Coronavirus), you can:



**Phone - our freephone hotline number 08085 834 333, available Monday to Friday 9am till 5pm**

Outside of these hours you can leave a message. We can give you advice and support on a range of issues and direct you to other organisations that can help. With our partners we are helping with Universal Credit and Council Tax support, food and supplies, a safe place to stay, befriending in the community.



**If you have the internet, visit our website at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

Use our online map to find advice and information, community support groups, food delivery options or emergency food



**Use our online chat at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

You can chat to our Customer Services



**Out of Hours**

If it's after 5pm and you're worried about a child or adult who may not be safe you can call our Emergency Duty Team on 024 7683 2222

## Other telephone numbers you might find helpful:

### Domestic abuse and sexual violence

**CRASAC**  
T: 024 7627 7777  
[www.crasac.org.uk](http://www.crasac.org.uk)

**Safe to Talk helpline**  
T: 0800 111 4998  
[www.safetotalk.org.uk](http://www.safetotalk.org.uk)

### Mental Health – Adults

**Mental Health Matters**  
T: 0800 616 171  
[www.mhm.org.uk/coventry-warwickshire-helpline](http://www.mhm.org.uk/coventry-warwickshire-helpline)

**Safe Haven**  
T: 07921 876 065

**Samaritans**  
T: 116 123 free from any phone  
T: 0330 094 5717 local call charges apply  
[www.samaritans.org](http://www.samaritans.org)

### Mental Health – Children and Young People

**Coventry and Warwickshire Partnership Trust - Rise Mental Health and Emotional Wellbeing Service**  
T: Between 8am and 8pm please call 024 7664 1799  
T: Between hours 8pm and 8am please call Coventry Crisis Team on: 024 7693 8000

**Positive Choices**  
T: 07741 900 799



# St. John's Rules for Online Internet Safety



- Tell an adult straight away if you come across anything that upsets you or you think is inappropriate.
- Never give out any personal information such as full name, address and phone numbers
- Never send a picture of yourself to a person that you don't know or haven't met.
- Only use a computer when an adult is nearby.
- Never give out your password to anyone (even your best friends) other than your parents.
- Check with an adult before downloading anything as it could damage the computer.





# St. John's Parents' Association

The past year has proven very difficult for the PA to raise funds for the school. Although we have some fun ideas in the pipeline, there is a way you can easily help.



Like Amazon Smile, this creates a small donation to the PA when you shop on over 4000 online shops and price comparison websites!

Go to - [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

Create an account and search for our cause -  
St John's Academy Parents Association - Coventry

If you add the donation reminder to your web browser it will tell you everytime you can raise a donation!

There is also an easyfundraising app for your phone. Downloading it will maximise our donations.

Remember family and friends can register too.  
If you have any problems or questions, please email -

[PA@stjohns.covmat.org](mailto:PA@stjohns.covmat.org)

## **Some information from Coventry and Warwickshire Partnership NHS Trust**

### **Children and Young Person Advice Helpline number to support crisis intervention and prevent mental health crisis**

Coventry and Warwickshire Partnership NHS Trust (CWPT) want to support you during the difficult times we are facing due to the Covid 19 situation. To do this we have developed a 24 hour 7 day a week telephone Advice Helpline run by qualified mental health clinicians to be there for you to contact when you need. We know that the feelings you may be experiencing at such difficult times are frightening and can make you feel that your emotional wellbeing is in crisis. We know that these emotions can lead to a mental health crisis which often means that you no longer feel able to cope or be in control of your situation. You may feel great emotional distress or anxiety, cannot cope with day-to-day life, intense sadness and may be thinking about suicide or self-harm or experiencing thought disorientation that can feel like hallucinations or hearing voices.

We want to be there for you to support and give advice, to work with you to feel more able to be in control of your emotions and manage the distress you are feeling together with you.

 Children and Young Peoples Specialist Mental Health service in CWPT have with the current crisis team worked together to develop a CYP response that will allow us to support you 24 hours 7 days a week and where needed continue to support you within the Rise Mental Health and Emotional Wellbeing service directly for Children and Young People.

#### **Contact details**

If you are calling between the hours of 8am and 8 pm please call Childrens Crisis Team at Whitestone on:

**024 7664 1799**

If you are calling between the hours of 8pm and 8 am please call Coventry Crisis team Crisis team:

**024 7693 8000**

#### **What to expect when you call:**

The mental health clinician who you speak to will want to know about you and will ask you some questions to help understand your feelings and emotions. They are doing this to help understand how to best help you and make sure that they get the right support for you.

Listening to you is so important and hearing your voice in terms of what you are experiencing, the feelings and the situation.

We may ask you about your family and the adults who are able to also support you or be part of your coping plan. This may mean we need to speak to an adult in your house as well but we will do this with you.

At times we may need to call you back to offer ongoing support and advice to do this we will need to have a contact number.

We also may need to think with you about other agencies that can support you but we will talk these suggestions through with you and or the adults you feel able to involve.

Most importantly we want to be able to offer advice and support over the phone as you need it to prevent a crisis feeling becoming too overwhelming.

As well as our 24 hour 7 day a week phone advice helpline we have also been working hard to provide resources on line to provide more direct advice and guidance.

We acknowledge that these Covid 19 times are presenting challenges for all of us and we want to make sure that we are reaching out to you all - children and young people, parents, career's and families.

On the Rise website you will find a wealth of up to date links, advice, guidance and support to help support during these times.

In addition the following resources are available to all to telephone or contact via their website that are children and young people focused.

Young Minds parent helpline

Tel: 0808 802 5544

Website: <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

Papyrus

Tel: 0800 068 4142

Website: <https://papyrus-uk.org/hopelineuk/>

Opening hours: Weekdays 9am – 10pm, Weekend / bank holidays 2pm – 10pm

ChildLine

Tel: 0800 1111

Website: <https://www.childline.org.uk>