



## Message from Mr Watson

Dear Parents and carers,

Thank you for your support with our Well-being day. All the children looked fantastic in yellow and non-uniform and your £1 donations are going to a great cause. The children took part in a range of Well-being activities throughout the day. Coventry City came to support our Well-being day as well by bringing something very special - the Division one championship trophy!!!!

We sent out our plans for our Termly Learning Conferences this week. You should have been sent a link to make your bookings. If you have not received this or need support in making a booking, please contact the school office. I have had several parents ask why we are not holding the meetings in school. Due to COVID restrictions; we cannot allow large numbers of parents to gather on the school site safely and it would be not safe to my staff to meet parents face to face. As you will not be able to view your child's work this term, your child will be uploading some of their work to Seesaw over the next few weeks for you to view. Please leave on comment on Seesaw about their wonderful work.

We have started to re-introduction some of our music tuition in school. Children who have previously had lessons are being offered the opportunity to start their lessons again. We will be reviewing this towards the end of half term, and we hope to offer more opportunities when we come back after the holidays.

Mr Watson  
Headteacher



## I know my life matters

**Ephesians 2:10** For we are God's workmanship & masterpiece, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Showing Identity means:

- Knowing my life matters because of who I was made to be
- Making the right choices
- Caring my contribution, thinking of others

**A reminder that our office is open between the hours of 8:30am-12:30pm and 1pm-4:30pm.**

## Our Amazing Learning with Miss Smalldon

As learning through different forms continues, we are continually proud of the concentration and efforts all pupils put in to their school learning. We love the questions they ask and the way they challenge us in our everyday practises



## Key Dates

12th October Information will be e-mailed out	Come & Share Yr 3
12th October Information will be e-mailed out	Come & Share Yr 6
15th October Information will be e-mailed out	Come & Share Yr 5
19th October Information will be e-mailed out	TLC - Termly Learning Conference
20th October Information will be e-mailed out	TLC - Termly Learning Conference
13th November Information will be e-mailed out	Come & Share Reception
17th November Information will be e-mailed out	Come & Share Yr 2
26th November Information will be e-mailed out	Come & Share Yr 1
1st December Information will be e-mailed out	Time to Shine Yr 2
2nd December Information will be e-mailed out	Time to Shine Yr 3
4th December Information will be e-mailed out	Time to Shine Yr 4
4th December Information will be e-mailed out	Time to shine Reception
8th December Information will be e-mailed out	Time to Shine Yr 6
10th December Information will be e-mailed out	Time to Shine Yr 5
4th January 22nd February 12th March 21st July	2021 Inset days

### Safeguarding Reminder

At St John's C of E Academy, we have a Safeguarding Team who work to keep children safe both in and out of school. Mr Watson, Miss Smalldon and Mrs Henderson are the school's safeguarding team so please contact them if you are worried about the safety of a child who attends our school.



together we  
**SHINE**



### Wellbeing with Mrs Henderson

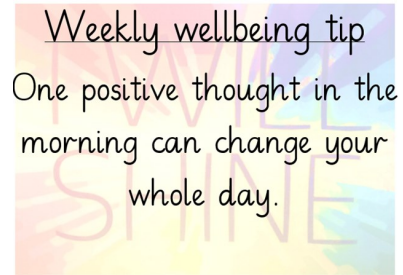
An exciting new school year has started, and wellbeing is at the heart of everything we are doing. Take care of yourselves, make time for each other and try to think of the positives from the day. Remember, we are here for you if you need some extra support or advice.

Mrs Henderson

[sara.henderson@stjohns.covmat.org](mailto:sara.henderson@stjohns.covmat.org)

#### Weekly wellbeing tip

One positive thought in the morning can change your whole day.



### Stars of the week!



Well done to everyone for a great week; all children at St. John's shine. Here are our 'super' Stars of the Week!



Reception - Florence - For her brilliant learning during get learning and always being a great friend to others. She is always being a great friend to others. She is always showing such kindness toward everyone in the class.

Year 1 - Jaxon - For his amazing remote learning and settling back into the classroom! You are a superstar, Jaxon!

Year 2 - Niyat - For always being one of the ready to learn and trying her hardest in every lesson!

Year 3 - Sunni- For having such a fantastic attitude towards his learning! He is always enthusiastic and eager to learn and is a super role model to have in year 3. You really are a star Sunni!

Year 4 - Tobias - For his awesome contributions in every lesson showing our values of Drive and Excellence at all times. Brilliant - keep this up!

Year 5 - Jemima - For always being prepared for lessons, ready to learn, setting a great example for the class and being a super role model.

Year 6 - Remy - For being a brilliant member of year 6! She is so kind, helpful and hardworking. Remy is an excellent role model and is already a valuable member of the newspaper team. Keep on shining!



## Additional Notes For Parents:

- Please refrain from sending your child in with nuts or products containing nuts for their lunches or snacks as we have some children with severe allergies within the school
- Reminder to all years; all small fruits & tomatoes from home need to be halved to prevent choking
- Years 3, 4, 5 & 6 are to come in PE kits on PE days
- Year 1 & 2 will still need PE Kit in school on their correct day, they will get changed in school
- Reception are not required to wear their PE kit at the moment

Please can parents take a minute to complete the attached survey, would be very much appreciated. Epic Academy are wanting to see if there would be any interest in school holiday camps. Specifically this upcoming October half term

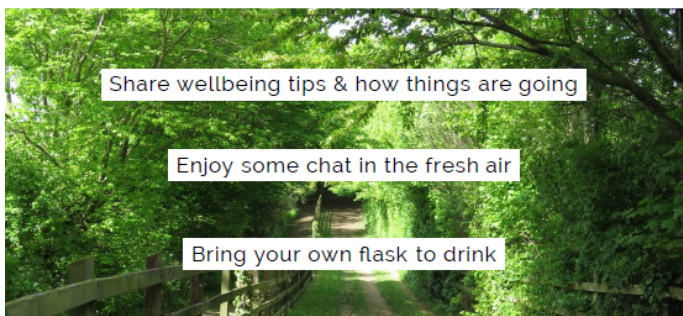
[https://www.surveymonkey.co.uk/r/EPIC\\_Camp\\_Oct2020](https://www.surveymonkey.co.uk/r/EPIC_Camp_Oct2020)

## Covid Reminder:

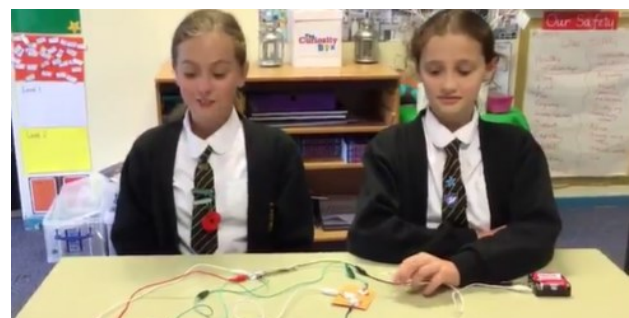
If your child is displaying Covid symptoms please let us know immediately and not be brought into school. If you are taking your child for a test, please keep them at home until you have received the results back. They can only come back into school setting once a negative result has been obtained or 14+ days following a positive result

# Wellbeing Walk for Parents & Carers

Join Mrs Henderson for a walk in Allesley Park on  
Friday 23rd October  
Meeting place TBC  
from 9am - 10.30am



Please confirm you are coming to  
[parent.council@stjohns.covmat.org](mailto:parent.council@stjohns.covmat.org)  
We'll set up small groups (max 6 people)  
and maintain social distance.  
\*NB Your school children won't be attending  
but you are welcome to bring little ones -  
they must be included in the numbers.



# Coventry's help and support during COVID-19

We know that during the COVID-19 emergency, a lot of people are feeling frightened and isolated.

- ? Do you need help to get food, medicines and other essential items?
- ? Are you worried about how you will pay your bills?
- ? Are you struggling or alone?
- ? Worried about a child or adult who lives with you or in your community?

If you need help in finding the right support in Coventry due to COVID-19 (Coronavirus), you can:



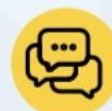
**Phone - our freephone hotline number 08085 834 333, available Monday to Friday 9am till 5pm**

Outside of these hours you can leave a message. We can give you advice and support on a range of issues and direct you to other organisations that can help. With our partners we are helping with Universal Credit and Council Tax support, food and supplies, a safe place to stay, befriending in the community.



**If you have the internet, visit our website at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

Use our online map to find advice and information, community support groups, food delivery options or emergency food



**Use our online chat at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

You can chat to our Customer Services



**Out of Hours**

If it's after 5pm and you're worried about a child or adult who may not be safe you can call our Emergency Duty Team on 024 7683 2222

## Other telephone numbers you might find helpful:

### Domestic abuse and sexual violence

**CRASAC**  
T: 024 7627 7777  
[www.crasac.org.uk](http://www.crasac.org.uk)

**Safe to Talk helpline**  
T: 0800 111 4998  
[www.safetotalk.org.uk](http://www.safetotalk.org.uk)

### Mental Health – Adults

**Mental Health Matters**  
T: 0800 616 171  
[www.mhm.org.uk/coventry-warwickshire-helpline](http://www.mhm.org.uk/coventry-warwickshire-helpline)

**Safe Haven**  
T: 07921 876 065

**Samaritans**  
T: 116 123 free from any phone  
T: 0330 094 5717 local call charges apply  
[www.samaritans.org](http://www.samaritans.org)

### Mental Health – Children and Young People

**Coventry and Warwickshire Partnership Trust - Rise Mental Health and Emotional Wellbeing Service**  
T: Between 8am and 8pm please call 024 7664 1799  
T: Between hours 8pm and 8am please call Coventry Crisis Team on: 024 7693 8000

**Positive Choices**  
T: 07741 900 799



# St. John's Rules for Online Internet Safety



- Tell an adult straight away if you come across anything that upsets you or you think is inappropriate.
- Never give out any personal information such as full name, address and phone numbers
- Never send a picture of yourself to a person that you don't know or haven't met.
- Only use a computer when an adult is nearby.
- Never give out your password to anyone (even your best friends) other than your parents.
- Check with an adult before downloading anything as it could damage the computer.





# St. John's Parents' Association

The past year has proven very difficult for the PA to raise funds for the school. Although we have some fun ideas in the pipeline, there is a way you can easily help.



Like Amazon Smile, this creates a small donation to the PA when you shop on over 4000 online shops and price comparison websites!

Go to - [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

Create an account and search for our cause -  
St John's Academy Parents Association - Coventry

If you add the donation reminder to your web browser it will tell you everytime you can raise a donation!

There is also an easyfundraising app for your phone. Downloading it will maximise our donations.

Remember family and friends can register too.  
If you have any problems or questions, please email -

[PA@stjohns.covmat.org](mailto:PA@stjohns.covmat.org)



# ***Dance Club at St. John's Primary School***

Dear Parents

Dance Club is continuing this year at St. John's and we are looking forward to welcoming children both new and returners to the sessions.

At Dance Club children have the chance to learn dances in many different dance styles such as Cheerleading, Modern Jazz, Street Dance, Contemporary and Disco which are all fun, lively and energetic dance styles. The children can also look forward to dancing to their favourite pop songs and we give them the chance to work in groups and choreograph their own short dances with their friends.

We will liaise with St. John's on how we run the Dance Club to ensure that the children are in a safe, clean and monitored environment in line with Government Guidance for Dance Sessions as well as following all Policies and Procedures regarding COVID-19 at St. John's. All Creative Flair Staff have received training on how to run sessions safely at this time and Creative Flair have a full Risk Assessment as well as a Social Distancing Policy so that our sessions remain safe and accessible.

Our classes are the perfect opportunity for children, both boys and girls, to develop in confidence as well as enjoying dance. Children have the chance to perform in school assemblies and at school events as well as other exciting performance opportunities that we organise at 'Creative Flair'.

Sessions are taught by professional, fully qualified and experienced dance teachers who strive to give the children memorable and fun dance experiences that will benefit them in many ways.

The classes are £2.50 per session and you will be invoiced each half-term. They take place on Thursday afternoons for KS 1 & Friday afternoons for KS2 from 3:30—4:15

If you would like your child to join, then please go to our website

[www.creativeflairkids.com](http://www.creativeflairkids.com)

and click on the tab to Sign Your Child Up. If you complete the online form then your child will be able to join our sessions once we confirm with you. Thanks.

Jennifer Faulkner  
And the Creative Flair Team

See everything we do at [www.creativeflairkids.com](http://www.creativeflairkids.com) and like us on Facebook too :)

## **Some information from Coventry and Warwickshire Partnership NHS Trust**

### **Children and Young Person Advice Helpline number to support crisis intervention and prevent mental health crisis**

Coventry and Warwickshire Partnership NHS Trust (CWPT) want to support you during the difficult times we are facing due to the Covid 19 situation. To do this we have developed a 24 hour 7 day a week telephone Advice Helpline run by qualified mental health clinicians to be there for you to contact when you need. We know that the feelings you may be experiencing at such difficult times are frightening and can make you feel that your emotional wellbeing is in crisis. We know that these emotions can lead to a mental health crisis which often means that you no longer feel able to cope or be in control of your situation. You may feel great emotional distress or anxiety, cannot cope with day-to-day life, intense sadness and may be thinking about suicide or self-harm or experiencing thought disorientation that can feel like hallucinations or hearing voices.

We want to be there for you to support and give advice, to work with you to feel more able to be in control of your emotions and manage the distress you are feeling together with you.

 Children and Young Peoples Specialist Mental Health service in CWPT have with the current crisis team worked together to develop a CYP response that will allow us to support you 24 hours 7 days a week and where needed continue to support you within the Rise Mental Health and Emotional Wellbeing service directly for Children and Young People.

#### **Contact details**

If you are calling between the hours of 8am and 8 pm please call Childrens Crisis Team at Whitestone on:

**024 7664 1799**

If you are calling between the hours of 8pm and 8 am please call Coventry Crisis team Crisis team:

**024 7693 8000**

#### **What to expect when you call:**

The mental health clinician who you speak to will want to know about you and will ask you some questions to help understand your feelings and emotions. They are doing this to help understand how to best help you and make sure that they get the right support for you.

Listening to you is so important and hearing your voice in terms of what you are experiencing, the feelings and the situation.

We may ask you about your family and the adults who are able to also support you or be part of your coping plan. This may mean we need to speak to an adult in your house as well but we will do this with you.

At times we may need to call you back to offer ongoing support and advice to do this we will need to have a contact number.

We also may need to think with you about other agencies that can support you but we will talk these suggestions through with you and or the adults you feel able to involve.

Most importantly we want to be able to offer advice and support over the phone as you need it to prevent a crisis feeling becoming too overwhelming.

As well as our 24 hour 7 day a week phone advice helpline we have also been working hard to provide resources on line to provide more direct advice and guidance.

We acknowledge that these Covid 19 times are presenting challenges for all of us and we want to make sure that we are reaching out to you all - children and young people, parents, career's and families.

On the Rise website you will find a wealth of up to date links, advice, guidance and support to help support during these times.

In addition the following resources are available to all to telephone or contact via their website that are children and young people focused.

Young Minds parent helpline

Tel: 0808 802 5544

Website: <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

Papyrus

Tel: 0800 068 4142

Website: <https://papyrus-uk.org/hopelineuk/>

Opening hours: Weekdays 9am – 10pm, Weekend / bank holidays 2pm – 10pm

ChildLine

Tel: 0800 1111

Website: <https://www.childline.org.uk>