



## Message from Mr Watson

Dear Parents and Carers,

As Coventry enters Tier 3, it will bring different challenges to all of us. As a school, we want to make sure that the children have an amazing time in the build up to Christmas. Earlier, I sent out our Christmas plans to you. I shared these with the children during our Star of the Week worship and they are all super excited. We are all limited in what we will be able to offer over the next few weeks and it is really important to me that we continue to offer as many of our Christmas experiences to our children as we can.

The children have started their rehearsals for the Christmas productions. Hearing them sing again in school is fantastic. If you need any support with costumes, please contact the school office.

If you do have any spare children's Christmas jumpers or hats in any size, please could you drop them off at the school office.

If you are finding things challenging, the school is here to support. Please contact Mrs Henderson or myself if you need support with anything.

Stay safe  
Mr Watson  
Headteacher



I can talk to God about things that I find hard

Hebrews 12: 1-2  
*And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith*

Having Drive means:

- Talking to others to find an answer
- Asking for help
- Knowing you are not on your own when you find things are hard

Time to reflect: What do I want to share with God today?

## Key Dates

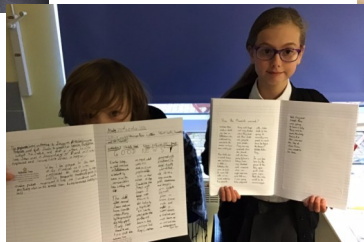
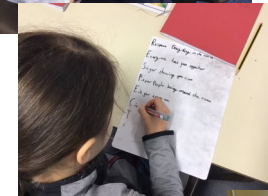
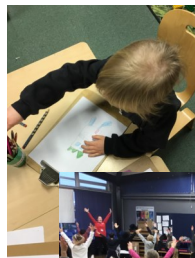
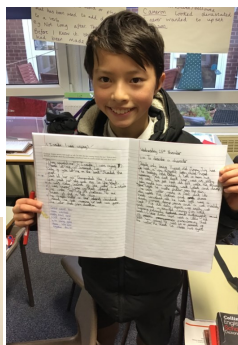
27th December	Christmas production consent slips to be returned PA Christmas Tree sale payments to be made
30th December	Christmas treat from Nisa
1st December Information will be e-mailed out	Time to Shine Yr 2
2nd December Information will be e-mailed out	Time to Shine Yr 3 Christmas Cards can be brought in and delivered in the post box
3rd December	Christmas production costumes sent in
4th December Information will be e-mailed out	Time to Shine Yr 4
4th December Information will be e-mailed out	Time to shine Reception
Week Beginning 7th Dec	Production Recording
8th December Information will be e-mailed out	Time to Shine Yr 6
10th December Information will be e-mailed out	Time to Shine Yr 5
Week beginning 14th December	Christmas activities Belgrade Panto online show Discovery session for new topic Values postcard sent home
16th December	Christmas Dinner and jumper day
18th December	Last day of term Children watch the Christmas production's Christmas carols and Christmas hats day
4th January 22nd February 12th March 21st July	2021 Inset days

**School Office opening hours**  
Monday to Thursday - 8:30 - 4:30 Friday 8:30 - 4:00

## Our Amazing Learning with Miss Smalldon

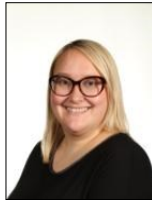
Christmas rehearsals are in motion and the pupils here are excited about putting on their performances.

Lots of learning taking place between practises and lots of effort is being shown on all levels



### Safeguarding Reminder

At St John's C of E Academy, we have a Safeguarding Team who work to keep children safe both in and out of school. Mr Watson, Miss Smallldon and Mrs Henderson are the school's safeguarding team so please contact them if you are worried about the safety of a child who attends our school.



together we  
**SHINE**



### Wellbeing with Mrs Henderson

In school we are continuing to support the mental health and wellbeing of all the children and staff. We are holding a Parent Wellbeing session, via Zoom, on Friday 4th December. There will be a short wellbeing session and then a game of WellBelNGO - bingo with a jazzy name!! Look out for the information posters or ask me or a member of the Parents Council. Looking forward to seeing lots of you 'virtually' there! Please remember we are here, if you need to chat, drop me an email, phone me or catch me on the playground  
Take care, Mrs Henderson



Weekly wellbeing tip  
Today is a GOOD  
day to have a GOOD  
day!

### Star of The week

Well done to everyone for a great week; all children at St. John's shine. Here are our 'super' Stars of the Week!



Reception - India—for her amazing attitude towards her learning. She has been working really hard and trying her best in all that she does. Well done!

Year 1 - Emilia—having a fantastic attitude towards everything we have done in class this week. She has been putting her hand up more and working hard on her presentation. Well done!

Year 2 - Eadie—for trying her best in everything she does, being an excellent role model and for learning her lines and songs off by heart

Year 3 - Delilah—for always trying her very best in every lesson and for being such a kind, caring and helpful member of the class. Keep shining Delilah

Year 4 - Imogen—for her amazing attitude towards her home learning, working incredibly hard and sharing it with me in detail

Year 5 - Isabelle—for always working really hard, showing all of the school values and especially being a super friend to everybody

Year 6 - Ollie J—for being a brilliant member of year 6. Ollie has settled into year 6 really well and has had a brilliant attitude towards learning. I was also really impressed this week with his confidence and brilliant acting in our play auditions



## Additional Notes For Parents:

- Please refrain from sending your child in with nuts or products containing nuts for their lunches or snacks as we have some children with severe allergies within the school
- If pupils are celebrating birthdays whilst in school and wish to bring in goodies to help celebrate with their class mates, please can they be shop brought covered goodies as in sweets, chocolates or wrapped cakes
- Reminder to all years; all small fruits & tomatoes from home need to be halved to prevent choking
- Polite reminder that the staff car park is for staff **only**. Please be considerate when dropping / picking up your child/ren and refrain from coming into the car park area
- St John's would like to say a MASSIVE thank you to the staff at our local Nisa store for kindly donating advent calendars for every pupil in school! (Just an additional note to say calendars will be coming home with pupils on Monday and are nut safe and there are dairy free ones for children with intolerances)
- Mrs Gordon-Stuart, our school cleaner, will be leaving on 18th December. If you know anyone who might be interested in the cleaning role, please contact the school office.
- The PA Christmas tree sale is up and running. Orders and payments need to be made by tonight 27th Nov. Please contact the PA if you wish to order a tree and pay via ParentPay by the end of today.
- As the weather is getting colder and we are still required to keep classrooms well ventilated, some classrooms are colder than normal. In Key Stage 2, you can send your child with an additional warm top to wear in class. Children should come in wearing their school jumper with an additional top e.g. tracksuit, jumper, hoodie etc. Children must still bring a suitable jacket to wear outside as well.

## Covid Reminder:

If your child is displaying Covid symptoms please let us know immediately and not be brought into school. If you are taking your child for a test, please keep them at home until you have receive the results back. They can only come back into school setting once a negative result has been obtained or 14 days following a positive result. Please forward result onto the school once you have them.

## Youth Sport Trust after school club

Every weekday at 5pm until the end of term (18 December), The Youth Sport Trust are running a 30-minute online club for all children and young people to do some sport and get active!

There will be a variety of sports available, and you'll be able to do them all from home. Here's the link with more information: <https://www.youthsporttrust.org/AfterSchoolSportClub> .

All of the sports will take place on The Youth Sport Trust's YouTube channel, which you can find here: <https://www.youtube.com/user/YouthSportTrust> .

It would be great to see as many children getting involved as possible!



## Meet our Reception Key Stage 1 Staff



Miss Lucas -  
Reception Teacher



Miss McGee -  
Yr1 Teacher



Mr Gormley -  
Yr 2 Teacher



Mrs Clarke -  
Reception TA



Miss Bishop -  
Reception TA



Mrs Palmer -  
Yr1 TA



Mrs Lowe -  
Yr2 TA

## Meet our Key Stage 2 Staff



Ms Lannie - Yr3  
Teacher



Mrs Sutherland -  
Yr3 Teacher



Mrs Henderson -  
Yr4 Teacher



Mrs Pugh - Yr5  
Teacher



Miss Conroy - Yr6  
Teacher



Miss Addenbrook -  
Yr 3 TA



Miss Reeve - Yr4  
TA



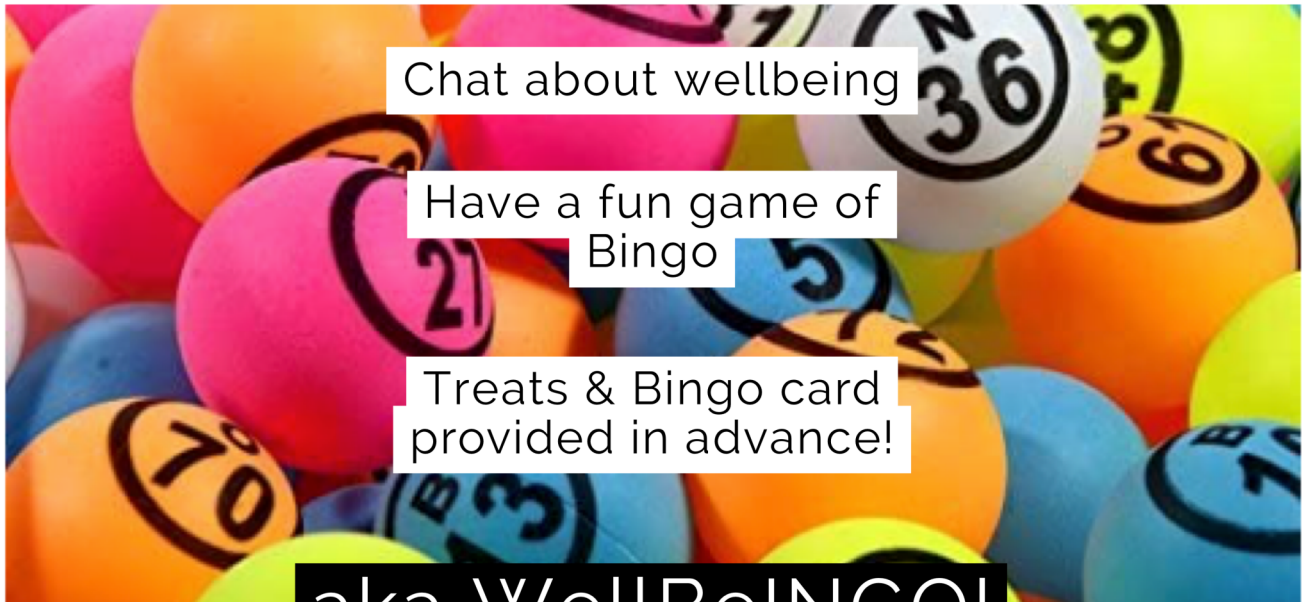
Miss Porter - Yr5  
TA



Ms Collins - Yr6  
TA

# St John's WellBeing Coffee Morning for Parents & Carers

Join Mrs Henderson for an  
online coffee morning  
on Friday 4th December  
10am - 11am



Please confirm you are coming to

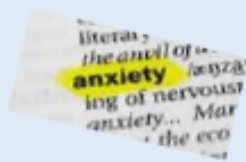
[parent.council@stjohns.covmat.org](mailto:parent.council@stjohns.covmat.org)

We'll send you a Zoom code and make sure  
you have your pack to take home with you.



\*This is a free event.

For anyone who would like to give a donation to the school  
there will be a collection box left out at school on 4th.



Have you any concerns around your child's wellbeing, specific needs, or potential SEN



concerns?



Mrs Henderson (SENDCo) will be available to chat and enable you to raise any concerns you have on:

Wednesday 2<sup>nd</sup> December 3.10pm-3.45pm

Wednesday 9<sup>th</sup> December 3.10pm-3.45pm

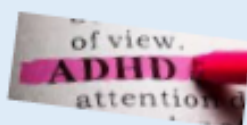


at the front of school



If you cannot make these times and want to chat, please make an appointment.

Please observe social distancing between other adults.



# Coventry's help and support during COVID-19

We know that during the COVID-19 emergency, a lot of people are feeling frightened and isolated.

- ? Do you need help to get food, medicines and other essential items?
- ? Are you worried about how you will pay your bills?
- ? Are you struggling or alone?
- ? Worried about a child or adult who lives with you or in your community?

If you need help in finding the right support in Coventry due to COVID-19 (Coronavirus), you can:



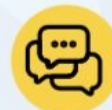
**Phone - our freephone hotline number 08085 834 333, available Monday to Friday 9am till 5pm**

Outside of these hours you can leave a message. We can give you advice and support on a range of issues and direct you to other organisations that can help. With our partners we are helping with Universal Credit and Council Tax support, food and supplies, a safe place to stay, befriending in the community.



**If you have the internet, visit our website at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

Use our online map to find advice and information, community support groups, food delivery options or emergency food



**Use our online chat at [www.coventry.gov.uk/coronaviruscommunity](http://www.coventry.gov.uk/coronaviruscommunity)**

You can chat to our Customer Services



**Out of Hours**

If it's after 5pm and you're worried about a child or adult who may not be safe you can call our Emergency Duty Team on 024 7683 2222

## Other telephone numbers you might find helpful:

### Domestic abuse and sexual violence

**CRASAC**  
T: 024 7627 7777  
[www.crasac.org.uk](http://www.crasac.org.uk)

**Safe to Talk helpline**  
T: 0800 111 4998  
[www.safetotalk.org.uk](http://www.safetotalk.org.uk)

### Mental Health – Adults

**Mental Health Matters**  
T: 0800 616 171  
[www.mhm.org.uk/coventry-warwickshire-helpline](http://www.mhm.org.uk/coventry-warwickshire-helpline)

**Safe Haven**  
T: 07921 876 065

**Samaritans**  
T: 116 123 free from any phone  
T: 0330 094 5717 local call charges apply  
[www.samaritans.org](http://www.samaritans.org)

### Mental Health – Children and Young People

**Coventry and Warwickshire Partnership Trust - Rise Mental Health and Emotional Wellbeing Service**  
T: Between 8am and 8pm please call 024 7664 1799  
T: Between hours 8pm and 8am please call Coventry Crisis Team on: 024 7693 8000

**Positive Choices**  
T: 07741 900 799



# St. John's Rules for Online Internet Safety



- Tell an adult straight away if you come across anything that upsets you or you think is inappropriate.
- Never give out any personal information such as full name, address and phone numbers
- Never send a picture of yourself to a person that you don't know or haven't met.
- Only use a computer when an adult is nearby.
- Never give out your password to anyone (even your best friends) other than your parents.
- Check with an adult before downloading anything as it could damage the computer.



## **Some information from Coventry and Warwickshire Partnership NHS Trust**

### **Children and Young Person Advice Helpline number to support crisis intervention and prevent mental health crisis**

Coventry and Warwickshire Partnership NHS Trust (CWPT) want to support you during the difficult times we are facing due to the Covid 19 situation. To do this we have developed a 24 hour 7 day a week telephone Advice Helpline run by qualified mental health clinicians to be there for you to contact when you need. We know that the feelings you may be experiencing at such difficult times are frightening and can make you feel that your emotional wellbeing is in crisis. We know that these emotions can lead to a mental health crisis which often means that you no longer feel able to cope or be in control of your situation. You may feel great emotional distress or anxiety, cannot cope with day-to-day life, intense sadness and may be thinking about suicide or self-harm or experiencing thought disorientation that can feel like hallucinations or hearing voices.

We want to be there for you to support and give advice, to work with you to feel more able to be in control of your emotions and manage the distress you are feeling together with you.

 **RISE** Children and Young Peoples Specialist Mental Health service in CWPT have with the current crisis team worked together to develop a CYP response that will allow us to support you 24 hours 7 days a week and where needed continue to support you within the Rise Mental Health and Emotional Wellbeing service directly for Children and Young People.

#### **Contact details**

If you are calling between the hours of 8am and 8 pm please call Childrens Crisis Team at Whitestone on:

**024 7664 1799**

If you are calling between the hours of 8pm and 8 am please call Coventry Crisis team Crisis team:

**024 7693 8000**

#### **What to expect when you call:**

The mental health clinician who you speak to will want to know about you and will ask you some questions to help understand your feelings and emotions. They are doing this to help understand how to best help you and make sure that they get the right support for you.

Listening to you is so important and hearing your voice in terms of what you are experiencing, the feelings and the situation.

We may ask you about your family and the adults who are able to also support you or be part of your coping plan. This may mean we need to speak to an adult in your house as well but we will do this with you.

At times we may need to call you back to offer ongoing support and advice to do this we will need to have a contact number.

We also may need to think with you about other agencies that can support you but we will talk these suggestions through with you and or the adults you feel able to involve.

Most importantly we want to be able to offer advice and support over the phone as you need it to prevent a crisis feeling becoming too overwhelming.

As well as our 24 hour 7 day a week phone advice helpline we have also been working hard to provide resources on line to provide more direct advice and guidance.

We acknowledge that these Covid 19 times are presenting challenges for all of us and we want to make sure that we are reaching out to you all - children and young people, parents, career's and families.

On the Rise website you will find a wealth of up to date links, advice, guidance and support to help support during these times.

In addition the following resources are available to all to telephone or contact via their website that are children and young people focused.

Young Minds parent helpline

Tel: 0808 802 5544

Website: <https://youngminds.org.uk/find-help/for-parents/parents-helpline/>

Papyrus

Tel: 0800 068 4142

Website: <https://papyrus-uk.org/hopelineuk/>

Opening hours: Weekdays 9am – 10pm, Weekend / bank holidays 2pm – 10pm

ChildLine

Tel: 0800 1111

Website: <https://www.childline.org.uk>