

Relationships and Health Education (RHE)

To learn how to embrace the challenges of creating a happy and successful life, learning to make informed decisions about your wellbeing, health and relationships and to build your self-esteem. You will also be able to use this knowledge as you develop the ability to make positive decisions when facing risks and challenges. Everyone faces difficult situations in their lives. RHE will support you in developing resilience, to know how and when to ask for help, and to know where to access support.

Our Safety

We will be looking at our behaviours, the behaviours of others, how our actions can affect other people and what we can do to make things better for everyone.

Our Safety

LO: To begin to recognise the difference between hurtful behaviour and bullying.

bullying, hurtful, teasing, continuous, repeated, cyberbullying, playful

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Time to reflect...

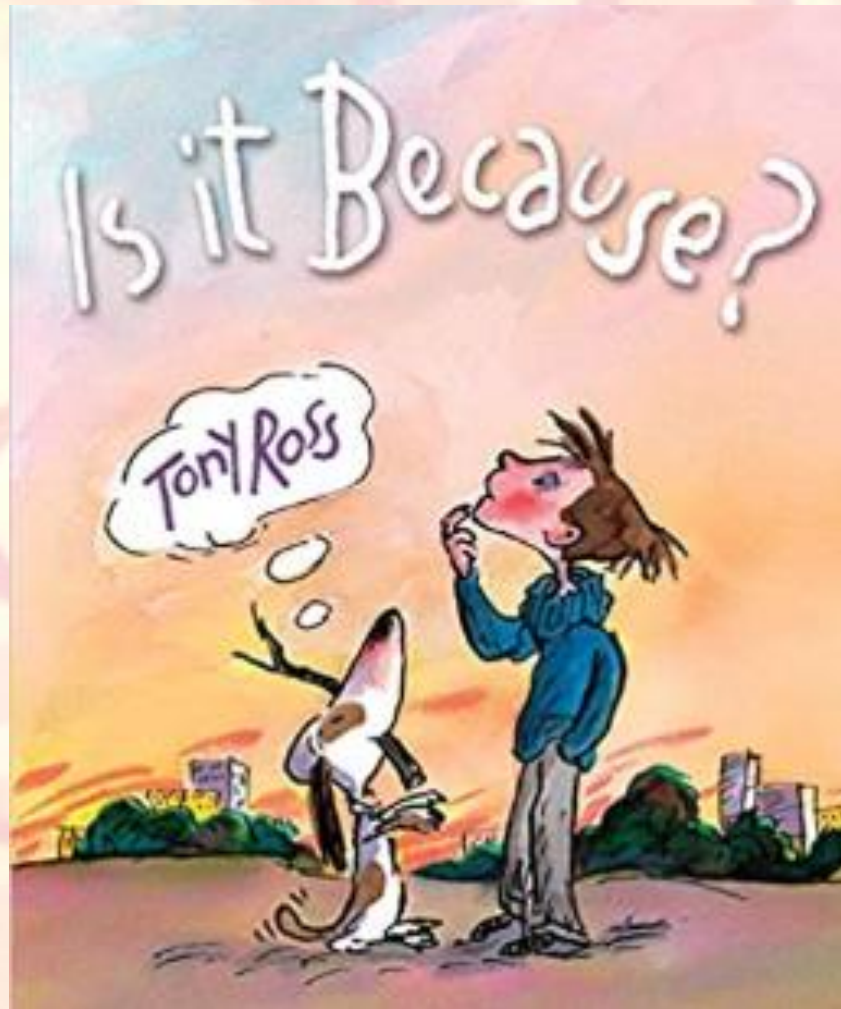
What do you think hurtful behaviour might mean?

Can you think of any examples?

Why might this be different to bullying?

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Listen to the story.
How do you think
this story links to
our learning
objective for
today?

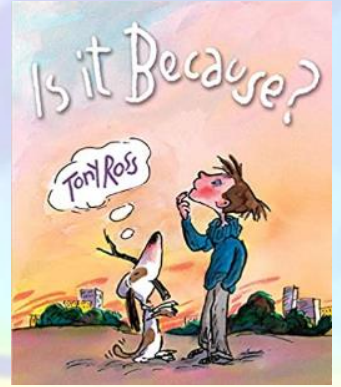


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hurtful behaviour
teasing

bullying

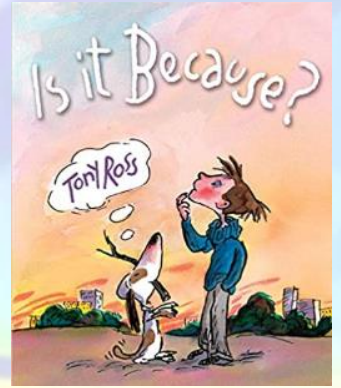


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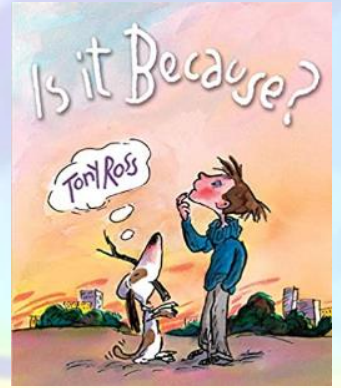
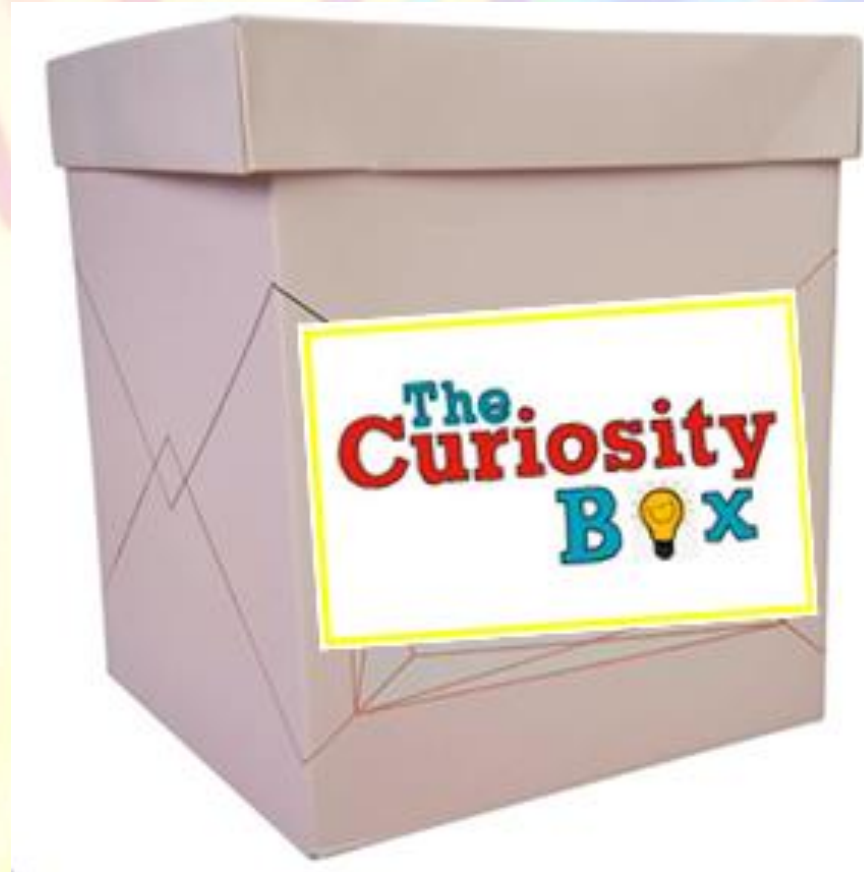
What can we do?



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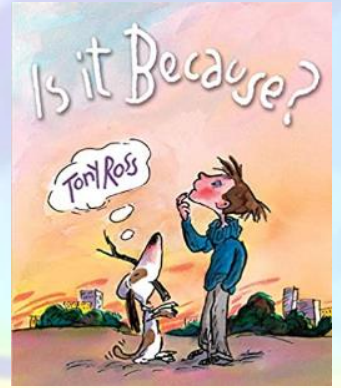
If you have questions, queries, are curious, write it down and post it into our class Curiosity Box...



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If you have a worry or a wobble, remember we have our Worry Monster...



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Our Safety



Time to reflect...

Think about the story, how did it make you feel? What does it make you want to do? How can you use these feelings in the future?

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Time to reflect...Exit question
If one of your friends was feeling the same as the boy in the story, what could you do?



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