

# St John's Church of England Academy Relationships and Health Education

Consultation with our School  
Community



# Foundations of St John's Church of England Academy

## Relationships and Health Education Policy.

### ▶ VISION STATEMENT

- ▶ In our school our Christian vision shapes all we do:

### ▶ VISION

- ▶ To be an excellent school, embedded in Christian values that develops children into confident, happy citizens and provides a platform to flourish in local, global and Christian communities, both today and in the future

### ▶ MISSION STATEMENT

- ▶ We will provide high quality teaching, learning and reflection from the teachings and values of Christianity to serve our community and beyond.

### ▶ Matthew 5:16

- ▶ "Let your light shine before others, that they may see your good deeds and glorify your father in heaven."

### ▶ PUPIL MOTTO

- ▶ I will shine

# Foundations of St John's Church of England Academy

## Relationships and Health Education Policy.

- ▶ As a Church of England primary school, St John's Church of England Academy upholds the vision for the education of every child and their family in our community. In line with the Church of England's role as the established Church, our vision is for the common good of the whole community.
- ▶ **Educating for wisdom, knowledge and skills:** enabling discipline, confidence and delight in seeking wisdom and knowledge, and developing talents in all areas of life.
- ▶ **Educating for hope and aspiration:** enabling healing, repair and renewal, coping wisely when things go wrong, opening horizons and guiding people into ways of fulfilling them.
- ▶ **Educating for community and living well together:** a core focus on relationships, participation in communities and the qualities of character that enable people to flourish together.
- ▶ **Educating for dignity and respect:** the basic principle of respect for the value and preciousness of each person, treating each person as a unique individual of inherent worth.

*Mark 10:27 "Jesus looked at them and said, 'With man this is impossible, but not with God; all things are possible with God.'*

**RHE Framework:** St John's Church of England Academy's bespoke RHE Framework was written in conjunction with all school stakeholders, and encompasses the key themes of:

**Our Safety:**

- Risk (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and safety (including behaviour and strategies to employ in different settings, including online in an increasingly connected world)
- Privacy (understanding and maintaining boundaries around their personal privacy, including online)

**Our Relationships:**

- Relationships (including different types and in different settings, building relationships, including online)

## Our Bodies:

- A healthy (including physically, emotionally and socially) balances lifestyle (including within relationships, work-life, exercise and rest and lifestyle choices.)

## Our Community:

- Diversity and equality (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010)
- Rights (including the notion of universal human rights), responsibilities (including fairness and justice) and consent (in different contexts)

## Our Future:

- A balanced lifestyle (including spending and saving and lifestyle choices.)
- Career (including enterprise, employability and economic understanding)

## Our Feelings and Wellbeing:

- Identity (their personal qualities, attitudes, skills, attributes and achievements and what influences these)
- Change (as something to be managed) and resilience (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance)

# New Guidance

- ▶ 20 years since the last review of the curriculum- the world (and how we interact with each other) has changed
- ▶ New - Relationships Education in Primary Schools
- ▶ Previous recommendations for teaching Personal, Social, Health Education, (PSHE) are now part of the National Curriculum.
- ▶ Sex Education in Primary Schools remains optional, though in Year 5 & 6 the science curriculum forms part of what might be considered as sex education - puberty and reproduction. The science curriculum is statutory.

Where and how did you learn about relationships?  
For young people, their learning comes from...

Mobile phones



TV



Internet



School



Friends & Older Siblings



Parents & Carers



# SCIENCE CURRICULUM

As part of the Science curriculum we teach the following statutory objectives that build understanding about growth and reproduction:

## *Year One*

Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense.

## *Year Two*

Notice that animals, including humans, have offspring which grow into adults they should not be expected to understand how reproduction occurs.

## *Year Five and Year Six*

Describe the life process of reproduction in some plants and animals.

# Why is Relationships and Sex Education important?

- Entitlement
- Puberty is starting earlier- for some children by age 9
- Unwanted conceptions
- Sexually transmitted infections
- Safeguarding
  - Grooming
  - Child Sexual Exploitation
  - Abuse
  - Sexting
  - Online pornography

# What is effective

## Relationships and Sex Education (RSE) in primary school?

- Age appropriate
- Based on needs of pupil
- Inclusive
- Delivered by trained staff in a safe environment
- Prepares children adequately for puberty in a timely way
- Prepares children for adult life
- Promotes positive relationships

# Ofsted review of existing RSE nationally

- Required improved in over a third of schools was not systematic enough
- Children were not adequately prepared for puberty
- In Primary Schools, too much emphasis was placed on friendships and relationships

## Your rights as a parent:

- To be informed of the RSE aspects of our RHE curriculum and related policies – on website
- To be consulted about changes to these
- To withdraw your child from sex education lessons (that are outside of / additional to the Science National Curriculum – Summer Term 'Our Bodies' units for Years 5 and 6. You will be informed prior to these lessons taking place.

# Recommendations for Changes/ Schools:

- Introduce children to the correct scientific terms to describe body parts in Key Stage 1
- Begin to explore puberty changes
- Ensure that children in Year 5 and 6 receive RSE input around puberty so that they are prepared as soon as possible for the onset of puberty – Summer Term
- For some sessions on Sex Education consider single gender sessions

## Next Steps:

- Complete the questionnaire- the link is on the letter
- School will analyse the data and share findings with the working party (includes governors)
  - Final policies will be available on the website
- RHE curriculum information will be shared with parents
  - Date set for RSE Parents meeting at the end of the Spring term 2021