



P.E - The St. John's Approach

P.E at St. John's enables children to attain high and achieve well through a diverse range of enrichment opportunities within and beyond the curriculum. It promotes a love for being physically active and healthy.



Vision

Our P.E curriculum will provide children with the skills to develop a lifelong love of physical activity and sport. It has been designed to gradually progress their previously acquired skills, secure knowledge and vocabulary further, year by year, mastering the fundamentals first and then applying this to a broad range of sports. Our curriculum is inclusive and the children will overcome barriers to achieve their potential. It will help them to develop essential skills and values like character by being leaders, their sense of identity by belonging to a team, showing excellence by striving to do their best across a broad range of sports and their understanding of teamwork and that we work better together. Also, it allows the children to become self-regulated learners by setting themselves challenges and achieving personal bests, showing drive and commitment to do so. Enrichment will allow memorable experiences, captivating every child and giving them the opportunity to compete or perform on a wider scale to showcase their talents. This will excite the children and give a sense of pride by representing their school and achievements will be reinforced through social media, assemblies, displays and the PE portfolio. Children will leave St. John's inspired and with a positive outlook on the impact exercise has on their physical and mental well-being, not only now but also in the future.

Rationale– Why we do what we do...

The views of our stakeholders (children, staff, governors and parents) have been at the root of all decision making.

*All of the school's stakeholders were consulted in April 2019.

*All stakeholders agreed that they wanted their curriculum to be fun, exciting, creative, interesting, hands-on, linked to our values and inspiring.

*All stakeholders valued enrichment opportunities– trips, 'wow' moments, parental engagement, learning outdoors and purposeful hooks to learning.

As a result of our stakeholders' views...

In May 2020, we created a curriculum vision which is inclusive of all subjects.

From the curriculum vision, we created our vision for the teaching and learning of PE.

We created a knowledge, skills and vocabulary routeway for PE from Reception to Year 6, underpinned by the National Curriculum. Our PE curriculum is designed progressively with links to Coventry sport (Wasps Rugby, Coventry City Football Club and Coventry Blaze ice hockey) and purposeful hooks to competitions where they can apply and refine their skills further, in a competitive scenario. We also offer 'WOW' trips to worldwide known football clubs such as Manchester United to provide the opportunity to embed the children's passion for sport.

How is PE taught?

Timings and Timetabling

In Reception, PE is taught as part of the 'Gross Motor Skills' aspect of Physical Development with elements of the Expressive Arts and Design 'Being Imaginative and Expressive' strand too. It is taught through whole class lessons twice a week. Across the rest of the school, the timetabling of PE is two hours per week. Each year group complete 4 units across every term, consisting of 6 lessons per unit. This allows for skills to progress within and across year group and ensures breadth and depth of secure knowledge. All curriculum content has been carefully placed to allow enrichment opportunities to follow a sequence of learning. This has been done to offer memorable experiences that further deepen the knowledge and skills that the children have acquired from their PE lessons.

PE - An Overview

P.E at St. John's has been mapped out carefully so the children are learning the right skills at the right time. PE is taught both indoors and outdoors depending on the learning outcome to provide the children with the correct learning environment to acquire specific skills.

Reception and Key Stage 1

In Reception, PE is taught as part of the 'Moving and Handling' aspect of Physical Development and there is also a focus on the Expressive Art and design strand from the Development matters document.

In KS1, our PE curriculum has been designed so that the focus is on the development of the fundamental skills and movements. Our pupils become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Key Stage 2

In KS2, our pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. Skills and knowledge developed in KS1 are progressed further or applied in specific sports. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. In KS2 we teach football, rugby and hockey as these sports are significant to the heritage of our city of Coventry. These are supplemented by gymnastics, dance, tennis, cricket, rounders, netball, and athletics to give a broad and balanced range of sports. To further deepen their knowledge and skills, the children are provided with regular enrichment opportunities directly and indirectly linked to key identified sports. For example, Coventry city football club support with after school provision, children are provided with opportunities to sing at Wasps rugby games at half time and also have the opportunity to fly the flag at Coventry City football games as the players run out. The hockey is included because of the success of the local Coventry Blaze ice hockey team.

St John's Physical Education Curriculum Map

Yr	Autumn Term	Spring Term	Summer Term
R	<ul style="list-style-type: none"> - Gymnastics - Travelling - Fundamental Movements - Bean Bags - Dance 	<ul style="list-style-type: none"> - Gymnastics – Stretching and Curling - Ball skills - Hoops and Quoits - Dance 	<ul style="list-style-type: none"> - Gymnastics – Different Body parts - Mini-Athletics - Ropes, Bats and Balls - Dance
1	<ul style="list-style-type: none"> - Athletics - Fundamental Move-ments - Gymnastics - Flight - Ball Skills - Dance 	<ul style="list-style-type: none"> - Gymnastics – Points and Patches/ Rocking and Rolling - Throwing and Catching - Bat and Ball Games - Dance 	<ul style="list-style-type: none"> - Athletics - Gymnastics – Wide, Narrow and Curled - Dance - Outdoor and Adventurous
2	<ul style="list-style-type: none"> - Athletics - Fundamental Move-ments - Gymnastics - Parts high/low and Pathways - Throwing and Catching - Dance 	<ul style="list-style-type: none"> - Gymnastics – Turning, Spinning and Twisting - Making up a game/Agility - Dance - Dribbling, Kicking and Hitting 	<ul style="list-style-type: none"> - Athletics - Gymnastics – Linking movements together - Outdoor and Adventurous - Group Games and inventing rules
3	<ul style="list-style-type: none"> - Basketball - Tennis - Tag Rugby - Dance 	<ul style="list-style-type: none"> - Gymnastics - Football - Multi-Skills - Hockey 	<ul style="list-style-type: none"> - Athletics - Swimming - Rounders - Outdoor and Adventurous
4	<ul style="list-style-type: none"> - Basketball -Tennis - Football - Dance 	<ul style="list-style-type: none"> - Gymnastics - Tag Rugby - Tennis - Outdoor and Adventurous – Viney Hill 	<ul style="list-style-type: none"> - Athletics - Swimming - Hockey - Rounders
5	<ul style="list-style-type: none"> - Athletics - Hockey - Netball - Dance 	<ul style="list-style-type: none"> - Gymnastics - Football - Tag Rugby - Outdoor and Adventurous— Orienteering 	<ul style="list-style-type: none"> - Athletics - Rounders - Cricket - Tennis
6	<ul style="list-style-type: none"> - Athletics - Netball - Football - Dance 	<ul style="list-style-type: none"> - Gymnastics - Hockey - Tag Rugby - Athletics 	<ul style="list-style-type: none"> - Rounders - Outdoor and Adventurous – Viney Hill - Cricket - Tennis

Assessing Outcomes in PE

At St.John's our effective assessment in physical education engages supports and motivates pupils to become competent, confident, creative and reflective movers. It supports and encourages young people to work together in order to excel in physically demanding and competitive activities. Our approach to assessment is meaningful and embedded throughout a high quality physical education curriculum; which enables learners to make progress and improve their attainment.

Key Areas for Assessment in PE.

Each year group works towards the development of key areas, these key areas are tailored to each group and were created from breaking down the skills and knowledge of the National Curriculum further. Throughout the academic year the activities delivered have been designed to allow children to develop their performance in all of the relevant P.E Statements we assess against, thus providing a broad and balanced P.E curriculum.

Assessment Tracker

The Assessment Tracker used at St.John's allows us to document and monitor pupils' progress against the P.E Statements.

Enrichment

Enrichment opportunities within and across all areas of the curriculum are important to the stakeholders at our school. With Sports Premium funding and a linked School Games Organiser we are able to offer children a wide range of opportunities to compete and excel in a broad range of different competitions linked to our curriculum and in addition to our curriculum. Also our strong bonds with local schools allow more children to have the memorable experience of representing St. John's. Please see below the 'PE' Enrichment Overview:

Year	Enrichment	Curriculum Link:	Term
Year R	Children's Mile—Cross Country	Health and Fitness	Spring
Year 1	Gymnastics Competition Children's Mile—Cross Country	Gymnastics Health and Fitness	Spring
Year 2	Gymnastics Competition KS1 Agility Festival Children's Mile—Cross Country	Gymnastics Athletics Health and Fitness	Spring
Year 3	Football tournament Endball Participation festival Dodgeball Tournament Boys Cross - Country	Invasion Games Invasion Games Invasion Games Athletics	Autumn
	Inclusive Boccia & Archery Magnificent 7 festival (Plus 4 playleaders) Girls cross-Country Races Children's Mile Relays Cross-Country Races	Target Fundamental Movements Athletics Health and Fitness Athletics	Spring
	Teeball (Inclusive Rounders) Tennis Competition Athletics - (Quad Kids) Tri-Golf	Strike/Field Net/Wall Athletics Strike/Field	Summer
Year 4	Girls Rugby Tournament Football tournament Endball Participation festival Dodgeball Tournament Boys Cross - Country	Invasion Games Invasion Games Invasion Games Invasion Games Athletics	Autumn
	KS2 Inclusive Boccia & Archery Boys Rugby Tournament Girls cross-Country Races Children's Mile Relays Cross-Country Races.	Target Invasion Games Athletics Health and Fitness Athletics	Spring
	Teeball (Inclusive Rounders) Tennis Competition Athletics - (Quad Kids)	Strike /Field Net/Wall Athletics	Summer
Year 5	Girls Rugby Tournament Values Dodgeball Festival Boys Cross - Country Biathlon Hockey Tournament	Invasion Games Invasion Games Athletics Athletics Invasion Games	Autumn
	KS2 Inclusive Boccia & Archery Boys Rugby Tournament Wasps/Bablake Rugby Day Girls cross-Country Races Children's Mile Relays Cross-Country Races.	Target Invasion Games Invasion Games Athletics Health and Fitness Athletics	Spring
	Rounders Competition Tennis Competition Cricket Fixtures Orienteering	Strike /Field Net/Wall Strike /Field Outdoor and Adventurous	Summer
Year 6	Sportshall Athletics Boys Cross - Country Girls High 5 Netball League and Plate Biathlon Boys Football League and Cup fixtures Girls Football fixtures	Athletics Athletics Invasion Games Athletics Invasion Games Invasion Games	Autumn
	KS2 Inclusive Boccia & Archery Rowing Girls cross-Country Races Children's Mile Relays Cross-Country Races.	Target Health and Fitness Athletics Health and Fitness Athletics	Spring
	Rounders Competition Tennis Competition Cricket Fixtures	Strike /Field Net/Wall Strike /Field	Summer