

St John's C of E Academy

General Information for Year 4's visit to Viney Hill

Suggested Clothing & Equipment

- A small suitcase/holdall - the children must be able to carry their own suitcase or holdall up a flight of stairs.
- Rucksack - for during the day – this can go in the coach with them
- Torch – pack in rucksack (for our night hike)
- 1 large bin bag - for dirty washing
- Indoor shoes - to wear inside the house
- Wellington boots (optional)
- Sensible, sturdy shoes you don't mind getting muddy - walking boots or trainers will be fine
- Socks - 4 pairs plus the ones to travel in
- 2 sets of **old** comfortable clothes for our daytime activities – a clean set for Friday and one in case a set gets wet or muddy!
- One large towel – to use when washing or showering
- Usual toiletries - toothbrush, toothpaste, shampoo, shower gel etc
- Waterproof jacket with a hood suitable for heavy rain – wear on Thursday or pack in rucksack
- 2 Warm long-sleeved jumper / hoodie (essential)
- Changes of underwear - 4
- Nightwear – pyjamas or similar
- Woolly hat and gloves – pack in rucksack
- If the weather forecast suddenly changes and looks like it will be bright, sun cream, sunglasses & sunhat
- Named re-useable drink bottle (essential). Please ensure this is filled with water and is accessible for the coach journey - pack in rucksack.
- A reading book or puzzle book may be useful, particularly if your child is liable to wake early in the morning. Pack in rucksack
- Packed lunch with a drink for Thursday lunch when we arrive – pack in rucksack in a disposable bag. No glass or nuts.

ITEMS THAT YOUR CHILD MUST NOT BRING:

Mobile phones, iPad or other handheld electronic games.

Jewellery

Necklaces, bracelets etc could be dangerous for some of our activities so no jewellery please, except for small stud earrings. Watches might be appropriate, but staff cannot be responsible for looking after watches if the children wish to take them off. The children must also accept full responsibility for any watches which are damaged. No smart watches or watches that can take photos.

Cameras

We cannot be responsible for the safety of expensive digital cameras. However, your child could bring a disposable camera if they wish to have personal memories of our trip. Please label with their name.

Glasses

If your child needs to wear glasses for any activity, please ensure you provide a glasses strap so they are secure. Staff cannot be responsible for looking after glasses if the children wish to take them off. The children must also accept full responsibility for any glasses which are damaged.

Sweets & Biscuits

There will be plenty of food at Viney Hill so the children will not need extra supplies, so please do not allow them to bring any! This also includes the coach ride there and back. The staff will have any additional food that is needed.

Medicines

All medicines, including inhalers, must be clearly named & handed in to a member of staff on the morning of the trip along with the completed parental consent form. The medicine will be kept securely & administered to the children when necessary. Children must not carry any medicines in their own individual bags. For inhalers and epi-pens, 2 will need to be provided for your child, just in case.

Travel Sickness

If your child is susceptible to travel sickness, please give him/her their usual travel sickness tablet for the journey to Viney Hill. However, a parental consent form must be completed to cover the administration for the return journey & the tablets must be clearly named in a sealed envelope and handed in to a member of staff.

Sickness or Injury

In the event of serious illness or injury your child will be taken to a nearby Medical Centre and you will be notified.

If your child shows signs of a temperature/a headache/pain that may benefit from pain relief medication, please sign below the form to give your consent for a St John's staff member to administer oral pain relief medication. If the symptoms worsen, you will be contacted.

Telephone Number

Please contact school on 02476 674092 during school hours, if you need to contact us ***in emergency only***.

Depart from school: Thursday 19th March 2026
Return to school: Friday 20th March 2026

- A safe arrival text will be sent out on Thursday 19th March when we get there and notify school.
- Depending on signal we will post n our school social media sites. There may not be pictures of every child, but they will all be there having fun!
- The return time can only be very approximate due to traffic conditions etc but we will be in touch with the school so they can keep you informed of any problems by text. We aim to leave about 1.30pm from Viney Hill.

Viney Hill website: vineyhilladventure.org