



Can it be challenging to get your child
to school some mornings?

We are here to help.

We understand that for some children and families the morning routine of getting ready, leaving the house and getting to school can prove to be challenging and even distressing.

If this means your child needs time to self-regulate and calm before going into class. We can provide this for your child.

If this is something which is impacting on your family and you would like support and advice. We can arrange to meet and discuss what could happen next.

We have lots to offer to support you and your child. **Please ask Mrs Henderson or Mrs Stevenson and we will help and support in any way we can.** Here are just a few ways we can do this...

If this means a missed breakfast, please let us know. We can provide this for your child.

If this means your child needs to have an alternative activity to start the day in a positive way. We can provide this for your child.

If this means you are upset and need to talk to one of us. We have time to talk with you.

Sara.henderson@stjohns.covmat.org

Mrs Sara Henderson, Deputy Head and SENDCO

